

Sri Chinmoy Races

Battersea Park, London

21st July 2026

BATTERSEA RELAYS



SRI CHINMOY
MARATHON TEAM



Run to Become
www.runandbecome.com

WINNERS				
RANK	RUNNERS	Team	Category	TIME
Men				
1	James Whittington, Amittai Ben-Israel, Eliot Nevill	THH Mens A	Men	13:48.9
2	Jack Davey, Angus Bain, Ed Samuel	Threagles	Men	14:03.4
3	James Haynes, Wayne Morley, Isaac Edwards	Heathside Hawks	Men	14:16.2
4	George Lowe, Steven Artist, Lewis Sullivan	LFR Elephant & Castle	Men	14:16.8
5	Calum Laing, Leo Gebbie, Sönke Bunk	Chasers 24 Laing Legged Lads	Men	14:19.1
6	Etienne Dick, Yeman Gdey, Ben Little	Southwark AC London Team 1	Men	14:22.3
7	Andy Miller, Douglas Maslin, James Winward	Downing Old Boys	Men	14:24.3
Women				
1	Lizzy Apsley, Flo Wiggins, Poppy Disley-May	THH Womens A	Women	15:21.5
2	Bronweed Reed, Rosie Woods, Kaitlyn Johnson	Highgate Middle Distance Women	Women	15:23.3
3	Anna Rawsthorne, Francesca Stocco, Helen Flippance	Heathside Hurricane	Women	16:15.2
4	Felicity Hayward, Bethanie Murray, Charlotte Mason	THH Womens B	Women	16:23.6
5	Emily Barrett, Emma Rowland, Emilie Arnoux	Triple Ems	Women	16:24.6
6	Jade Peel, Rachel Ayrton, Katharina Haslauer	Highgate Harriers Women	Women	16:50.7
7	Amanda Maserati, Isobel Smith, Flavia Dent	Heathside Has Beens	Women	17:04.9
Mixed				
1	Scott Burrell, Chris Bree, Imy Briscoe	Chasers 2 Bree-zing through the field	Mixed	14:50.3
2	Darren Souster, Donal Moran, Izzy Gelder	Camden Track Club	Mixed	15:03.2
3	Thomas Gandee, James Gandee, Alex Gandee	Scrambled Legs	Mixed	15:08.6
4	Amie Walker, Joe Aspell-Beaumont, Andrew Garside	A&J Racing	Mixed	15:34.2
5	David Wilkinson, Gavin McClean, Becky Taylor	Chasers 20 McCleaning Up	Mixed	15:48.8
6	David Hall, Mollie Virgo, Aoife Hegarty	Chasers 43 Hall of Running Fame	Mixed	15:57.9
7	Calum Laing, Leo Gebbie, Sönke Bunk	Chasers 35 Hunting for the W	Mixed	16:00.1
Vet 50				
1	Stephen Monaghan, Martin Potter, Olly Murray	Heathside Hypersonic	Vet 50	17:02.0
2	Will Bunker, Jean-Charles Sabran, Rohan Kalicharan	Clapham Pioneers Team 7	Vet 50	17:37.8
3	Phil Hogg, Nick Grassly, Mark George	Heathside Hares	Vet 50	18:07.5
Vet 60				
1	Tony Lililea, Graham Downing, Gavin Evans	Heathside Hobblers	Vet 60	18:17.4
2	Mark Jefford, Marcus Lloyd, Alun Nash	Heathside Haggards	Vet 60	18:26.5

ALL TEAM AND INDIVIDUAL RESULTS BELOW

TEAM RESULTS					
RANK	RUNNERS	TEAM	Category	TIME	CAT. POS.
1	JAMES WHITTINGTON, AMITTAI BEN-ISRAEL, ELIOT NEVILL	THH Mens A	MEN	13:48.9	1
2	JACK DAVEY, ANGUS BAIN, ED SAMUEL	Threagles	MEN	14:03.4	2
3	JAMES HAYNES, WAYNE MORLEY, ISAAC EDWARDS	Heathside Hawks	MEN	14:16.2	3
4	GEORGE LOWE, STEVEN ARTIST, LEWIS SULLIVAN	LFR Elephant & Castle	MEN	14:16.8	4
5	CALUM LAING, LEO GEBBIE, SONKE BUNK	Chasers 24 Laing Legged Lads	MEN	14:19.1	5
6	ETIENNE DICK, YEMAN GDEY, BEN LITTLE	Southwark Athletics Club London Team 1	MEN	14:22.3	6
7	ANDY MILLER, DOUGLAS MASLIN, JAMES WINWARD	Downing Old Boys	MEN	14:24.3	7
8	CHRISTOPHER SPENCE-LESLIE, THOMAS ENGLISH, LIAM MORONEY	Two and a half Chasers	MEN	14:35.9	8
9	UNCLE JAMAL, JACK BEEVERS, JAMES LAUDAGE	SJCRUFCHRC Harriers	MEN	14:36.0	9
10	KIERAN SHEEHY, CHRIS WRIGHT, MICHAEL HAVERTY	Chasers 8 Lets be Haverly ing ya	MEN	14:41.7	10
11	ALEX VERES, STEVE WOOLLEY, RICH BERRY	West 4 Harriers A	MEN	14:44.8	11
12	ALEX GUTTERIDGE, MYLES PRESTON, ADAM WESTBURY	Runs Buns and Dones	MEN	14:45.7	12
13	SCOTT BURRELL, CHRIS BREE, IMY BRISCOE	Chasers 2 Bree zing through the field	MIXED	14:50.3	1
14	WILL THOMPSON, CALLUM MASON, DAN MAHONEY	FRC Team 5	MEN	14:51.3	13
15	VICTOR ROUSTEAU, OLIVER WAXMAN, JOSH SLINGSBY	Southwark Athletics Club London Team 2	MEN	14:57.6	14
16	ALEX LOWE, HARRY DUNSMUIR, JOE CRAMP	Vicky P Goats	MEN	14:58.2	15
17	SCOTT MILLER, ASHLEY GEORGE, DAVID BROWN	Croydon Harriers boys are back	MEN	14:59.7	16
18	SHANE O'KEEFFE, RORY SMITH, JACK BAGNESS	Chasers 9 Its in the Bagness	MEN	15:01.4	17
19	RICHARD OLLINGTON, JACK OLIVER, EWAN MACAULAY	THH Mens B	MEN	15:02.7	18
20	DARREN SOUSTER, DONAL MORAN, IZZY GELDER	Camden Track Club	MIXED	15:03.2	2
21	DENIS GORMAN, MARIUS THIES, TOM WATSON	LFR Regents Park	MEN	15:04.8	19
22	MATTHEW RAESIDE, MICHAEL WHITE, MICHAEL WIGGINS	Clapham Pioneers Team 1	MEN	15:05.7	20
23	THOMAS GANDEE, JAMES GANDEE, ALEX GANDEE	Scrambled Legs	MIXED	15:08.6	3
24	ROB ARMSTRONG, ROSS HUNTEER, BRADLEY GREENWAY	Compton Social Club Harriers	MEN	15:10.2	21
25	JUSTIN GOREING, CONOR BARRASFORD, ERIK HANSON	Healf	MEN	15:12.1	22
26	GRAHAM PATTLE, MONTY, DENNY GIUGGIOLONI	FRC Stallions 2	MEN	15:13.7	23
27	JAMIE STAFFORD, CRAIG CONNELL, BEN KNIGHT	On the track to nowhere	MEN	15:20.1	24
28	JAMES WINWARD, CHRIS ATKINSON, JAMES KELLY	Ermys Old Boys	MEN	15:21.4	25
29	LIZZY APSLEY, FLO WIGGINS, POPPY DISLEY-MAY	THH Womens A	WOMEN	15:21.5	1
30	LEE RICHARDSON, MAX NETTLEY, JAMES SCREEN	Southwark Athletics Club London Team 3	MEN	15:23.2	26
31	BRONWEN REED, ROSIE WOODS, KAITLYN JOHNSON	Highgate Middle Distance Women	WOMEN	15:23.3	2
32	JOSEPH HOULTON, JORDAN GREENWOOD, JAMES WEBER	FRC Team 18	MEN	15:29.0	27
33	LUKE HUELIN, CALVIN WEIR, HAMISH DALGARNO	The Jersey Jets	MEN	15:29.0	28
34	HARRY SIMPSON, JONATHAN THOMSON, SHAUN LOWTHIAN	Mornington Chasers	MEN	15:29.1	29
35	GEORGE ALLEN, IAN WANG, JOHN DAVIES	Southwark Athletics Club London Team 4	MEN	15:29.4	30
36	CHRIS MUDE, SAM HAWTHORN, TOM JAMES	Boston and Chicago Madmen	MEN	15:31.2	31
37	HARRY MULLARD, BEN STANTON, LEE SAVAGE	Reigate Priory AC Men A	MEN	15:32.7	32
38	AMIE WALKER, JOE ASPPELL-BEAUMONT, ANDREW GARSIDE	A&J Racing	MIXED	15:34.2	4
39	JOSE MARIA ANDREO CASASECA, JACK OLDBURY, FERGAL JOYCE	LFR Mile End	MEN	15:35.5	33
40	CAMERON KOOLHOVEN, LEWIS DYKE, HARRY SKELTON	DKS	MEN	15:37.9	34
41	MATT BOOTH, FRED SALLABANK, VISHNU JAYAN	AtkinsReals A	MEN	15:39.3	35
42	TOM ORTON, MATT PRIEST, ANDY FLANNERY	West 4 Harriers B	MEN	15:41.8	36
43	CAMERON HUTTON, NIGEL PATRICK, JAKE ADAMS	LFR Battersea Park	MEN	15:46.1	37
44	JONATHAN DEACON, BEN SNOWBALL, LAURENCE WALSH	Chasers 5 Snowballin round the course	MEN	15:48.1	38
45	DAVID WILKINSON, GAVIN MCCLEAN, BECKY TAYLOR	Chasers 20 McCleaning up	MIXED	15:48.8	5
46	FIONN TOOMES, HARRY GOONAN, SHANE PAGDEN	Corn Wallisons	MEN	15:49.3	39
47	SEAN O'NEILL, WOJCIECH PANKOW, MATTHEW BAKER	LFR London Bridge	MEN	15:53.9	40
48	JACK COY, BEN RICHMOND, CHRISTOPHER EVANGELIDES	RicardGo	MEN	15:54.2	41
49	DAVID HALL, MOLLIE VIRGO, AOIFE HEGARTY	Chasers 43 Hall of running Fame	MIXED	15:57.9	6
50	GRAHAM HUNT, RUSSELL PEARSON, IMOGEN LINDSLEY	Chasers 35 Hunting for the W	MIXED	16:00.1	7
51	DARREN BARNARD, GREGG CHRISTY, EMILIE VIDAL	Team Height Spectrum	MIXED	16:00.5	8
52	CARL HAMILL, DANIEL ABELA, ADAM KEOGH	Neither Fast Nor Furious	MEN	16:02.0	42
53	ALEX VANSTONE, COLM CALLAGHER, HUGO CURA	FRC Team 10	MEN	16:15.1	43
54	ANNA RAWSTHORNE, FRANCESCA STOCCO, HELEN FLIPPANCE	Heathside Hurricane	WOMEN	16:15.2	3
55	DOMINIC JONES, CHRIS HARTLEY, ROB SHULMAN	Heathside Have a goers	MEN	16:17.5	44
56	SAM DORRANS, HARRY SPEEY, MIKE SMALLEY	Croydon Harriers 1	MEN	16:17.8	45
57	JOHAN VAN MEEUWEN, RICHARD SMITH, ROBERT JONES	Clapham Pioneers Team 2	MEN	16:18.9	46
58	MATTHEW BOWES, BEN AUSTIN, JACOB FINDLAY	Chasers 14 Take a Bowes	MEN	16:19.8	47
59	DYLAN WILLIAMS, ZACHARY LOVE, JAMES MCKENZIE	FRC Team 1	MEN	16:20.6	48
60	DAVID GILL, MATTHEW IREDALE, CHRISTOPHER POCKOCK	Chasers 3 the midnight lovers	MEN	16:21.6	49
61	ROBERT HICKMAN, KRIS MILOVSOROV, STEPHEN TOPP	Heathside Hotrods	MEN	16:22.0	50
62	LIZZIE BARRACLOUGH, IMOGEN FAWCETT, EDWARD BROOK	Chasers 26 Dont Fawcett	MIXED	16:22.6	9
63	FELICITY HAYWARD, BETHANIE MURRAY, CHARLOTTE MASON	THH Womens B	WOMEN	16:23.6	4
64	LUKE WAKELING, ADAM SHEW, JAMESM MOORE	Croydon Harriers A	MEN	16:24.5	51
65	EMILY BARRETT, EMMA ROWLAND, EMILIE ARNOUX	Triple Ems	WOMEN	16:24.6	5
66	SEAN HOWELL, SARAH RICKETTS, NICOLETTE EDWARDS	Chasers 28 Howell they do it	MIXED	16:24.8	10
67	SIDNEY DRISCOLL, ROSIE BEADLE, ELEANOR ANDREWS	Chasers 50 Rosie cheeked racers	MIXED	16:26.3	11
68	THOMAS ENGLEFIELD, EDWARD ENGLEFIELD, GAVIN ENGLEFIELD	South London Harriers Team Englefield	MEN	16:27.4	52
69	SIMON SHEPPARD, JAMES BRISBOURNE, MARK BRACE	Chasers 11 Brace for pace	MEN	16:27.5	53
70	ALEX SPINK, MATT LEAVER, JONATHAN BAKER	Pace Invaders	MEN	16:30.1	54
71	ALEX VANSTONE, TIMOTHY HAUGHTON, ALEX LUFF	FRC Team 20	MEN	16:31.6	55
72	LAURENS, BEN STOREY, KIERAN MARRIOTT	Heathside Heros	MEN	16:32.7	56
73	DAVID MASON, ELLIOTT MASON, CHLOE MASON	Mason Milers	MIXED	16:34.0	12

74	RORY SMITH, JOHN ASKAM, CECILY KING	Chasers 4 Askam to be King of relays	MIXED	16:34.3	13
75	CHRIS WATT, JARRYD HILLHOUSE, ANNE BODEN	Owains Faster Relay Team	MIXED	16:36.0	14
76	ADRIAN DIXON, MAYANK KABADI, STEPH MURPHY	Chasers 10 Stephs Stealthy Speedsters	MIXED	16:36.9	15
77	JACK FOSTER, FREDDIE ROBERTS, MICHAEL COTTON	LFR Clapham	MEN	16:38.4	57
78	MARK HALL, VILMOS ZSOMBORI, LEONARD REILLY	LVM	MEN	16:38.9	58
79	TOM DAVIES, JOSEPH HENNIGAN, ANDREW DAVIES	Davies Family	MEN	16:39.4	59
80	DANIEL BLOWER, TIM WOODMAN, DIMITRIOS GRYFAKIS	FRC Paddington Bears	MEN	16:39.7	60
81	SHAUN MELVIN, ASTYN JONES, DAVID BOOT	West 4 Harriers C	MEN	16:42.3	61
82	CRAIG MUNN, CHRISTOPHER TIBBETT, WILL DIMOND	LFR Greenwich	MEN	16:42.8	62
83	BEN BECKWITH, OLIVIA JOHNSON, CAITLIN POWER	Chasers 40 Powering to the Win	MIXED	16:42.9	16
84	LUKE PATRICK, MATTHIAS DURAND, RACHEL WANDLESS	Chasers 17 Lauras Scorers	MIXED	16:44.1	17
85	DAVID MOYSE, HENRY SKEOCH, EDWARD BRUCE	FRC x AFB	MEN	16:44.2	63
86	ADAM LAMB, GILES OLIVER, GARETH FLETCHER	LFR Victoria Park	MEN	16:45.3	64
87	MARK NANKERVIS, DOMINIC ADDISON-NELSON, AARON CALLABY	LFR Canary Wharf	MEN	16:46.4	65
88	JADE PEEL, RACHEL AYRTON, KATHARINA HASLAUER	Highgate Harriers Women	WOMEN	16:50.7	6
89	MARCUS FORSMAN, PAVEL LINSHTS, MICHAEL DENNIS	FRC Team 14	MEN	16:50.9	66
90	ED VAINES, GEORGE DELA PERRELLE, ED HILL	AtkinsReals B	MEN	16:54.6	67
91	JOE RICH, JAMES CIDDINS, FREYA MAYNARD	The Bullets	MIXED	16:55.7	18
92	DAN CLEARE, MARK HUMPHRIES, SOLE FRANCESCHI	Chasers 1 A team of Cleare winners	MIXED	16:55.7	19
93	SAMUEL WAIRUMU, ALEX BRAGGER, KIT BROWN	Chasers 32 They ll be Bragg ing by the end of the evening	MEN	16:56.2	68
94	BEN O'SHEA, KARL LEWIS, SATH VIMALARAJAH	LFR Victoria	MEN	17:00.7	69
95	LIAM HAZELTON, JOSHUA DOWLING, TIM CHARTERS	LFR Burgess Park	MEN	17:01.5	70
96	STEPHEN MONAGHAN, MARTIN POTTER, OLLY MURRAY	Heathside Hypersonic	V50	17:02.0	1
97	ALEX CARINGTON, MUNKH-OCHIR DAMBA-OCHIR, MIKE OFFEN	LFR Crystal Palace	MEN	17:02.1	71
98	DANIEL SCHILLER, ADAM LYON, FAYE BROWN	Chasers 13 Not Lyon Around	MIXED	17:03.1	20
99	AMANDA MASERATI, ISOBEL SMITH, FLAVIA DENT	Heathside Has Beens	WOMEN	17:04.9	7
100	CHRIS COX, PAUL MERCER, PETE CROCKFORD	Heathside Hippos	MEN	17:06.4	72
101	HANNAH VAUGHAN, ED BIRKETT, ELEANOR KNIGHT	Chasers 29 Vroom Vaugan	MIXED	17:07.2	21
102	SYDNEY CLEMENT, GEN HUSS, STUART FINCH	The Speedsters	MIXED	17:07.8	22
103	WILL MEAKIN, MATTHEW W, ALEX YEO	West 4 Harriers D	MEN	17:10.6	73
104	JOE DURWARD, HARRISON WADDY, RYAN HUXFORD	AtkinsReals D	MEN	17:11.8	74
105	DAVID GOULDSTONE, PAUL SANT, STEPHEN CAMPBELL	Mornington Chasers 1	MEN	17:12.2	75
106	CHRIS MILBOURNE, REBECCA UPCOTT, JOSHUA CABANAS	Chasers 39 MilBourne to mile	MIXED	17:12.4	23
107	THIBAUT LE GUEZEC, EMILY BINCHY, GEMMA WILLMOTT	Endurance Grind Team	MIXED	17:13.4	24
108	MATTHEW ROBERTS, ISOLDE PRYLE, EMILY SAUNDERS	Dutty Knuckle	MIXED	17:13.7	25
109	CAMILLE COWAN, MIRANDA FRIZZELLE, LYDIA TROW	Triple Tempo	WOMEN	17:14.1	8
110	KIRSTY DELAND, RUBY TOMLINSON, CATHERINE HODGE	Clapham Pioneers Team 3	WOMEN	17:15.4	9
111	NINA PEARCE, SEBASTIAN HUBBARD, DIEGO FAYOS	Southwark Athletics Club London Team 6	MIXED	17:15.9	26
112	JOHNZOLTAN DALY, OWAIN WILLIAMS, JAMES MCCLAUGHLIN	Annes Relay Team	MEN	17:16.1	76
113	DAVID HOOTON, ANDY STOCKLEY, MARISA PINEO	Chasers 48 Making the Casey for victory	MIXED	17:18.7	27
114	SAM JENKINS, RHI LEADBEATER, JENNY FINCH	Chasers 37 Finchs flock of fast milers	MIXED	17:21.1	28
115	FRANC SINIAGLIA, HELENA PAGE, LILLY HOWLETT	Southwark Athletics Club London Team 7	MIXED	17:21.6	29
116	ANDREW ORR, HANNAH GODFREY, STEPHEN SIMMONS	Chasers 18 Orr No its happened again	MIXED	17:23.7	30
117	MAX GRIGGS, JOSH HAIGH, SOMAYEH TOSI	Pace and Power	MIXED	17:24.2	31
118	CHRISTIAN MACDONALD, ERIC LEUNG, JACK WILDE	AtkinsReals E	MEN	17:26.1	77
119	OSCAR LINDSAY, ALEX KUNDA, SALLY MARR	Chasers 25 Marr ing an otherwise nice day out	MIXED	17:27.9	32
120	STEPHEN CHEN, ELLE MECROW, CARA GIBBONS	Chasers 23 Chen they do it Yes they can	MIXED	17:29.7	33
121	GERARD RIORDAN, VINH-PHUONG HOANG, NOEMIE CAVAILLION-RAM	Chasers 36 Cundy do it Yes they Cun	MIXED	17:30.4	34
122	ANNA CRITCHLOW, RACHEL HALDANE, CATHERINE GIBBONS	West 4 Harriers H	WOMEN	17:30.5	10
123	NATALIE PIDGEON, LIZZI PITT, SCOTT BEMMENT	Chasers 27 Flower Power	MIXED	17:31.5	35
124	PHILIP DIX, CALLUM PRICE, MARK BEVERLEY	The Digital Flash	MEN	17:34.4	78
125	NATHAN BURN, CIARAN JONES, CARYS O'SHEA	Chasers 15 Burning through Battersea	MIXED	17:35.0	36
126	NICK SCREEN, MAT BARBER, JOJO RHODES	Southwark Athletics Club London Team 5	MIXED	17:35.3	37
127	JOSH GOLDE, ROBERT COLLOPY, NATHALIE CAZALS	GB FR AUS Runners	MIXED	17:36.9	38
128	WILL BUNKER, JEAN-CHARLES SABRAN, ROHAN KALLICHARAN	Clapham Pioneers Team 7	V50	17:37.8	2
129	EDDIE ROLLS, SOPHIE COWLEY, JOEL STUBBS	Chasers 34 Take a Bowley	MIXED	17:39.7	39
130	LIZZY B APSLEY, CHLOE B BECKETT, JESS DAVIES	THH Womens D	WOMEN	17:40.2	11
131	WILL SCOTT, MATT RYE, THOMAS WESTRAN	THH Mens C	MEN	17:41.1	79
132	LIZZIE CLARKE, ELLA BARKER, CAITLIN ECKLEY	The Powerpuff Girls	WOMEN	17:41.9	12
133	LAURA EBBS, GINEVRA STONELEY, LARA JAMES	Reigate Priory AC Women Red	WOMEN	17:42.0	13
134	ADAM CORNISH, ANNABEL YOUNG, EMMA INGHAM	Chasers 42 Young at Heart	MIXED	17:45.8	40
135	JACK BENNETT, EIRGAIN WYN, MADDIE SPELLMAN	Chasers 41 Truly Spellmanbinding Wyn ers	MIXED	17:46.4	41
136	BEN RICHMOND, JASON DRAKE, GARY ROBINSON	West 4 Harriers E	MEN	17:47.6	80
137	MARNIS MASTENBROEK, ELLIE TAYLOR, JAMES DAVIS	Chasers 22 Taylor-Made for Second Place	MIXED	17:49.2	42
138	TOM ANDERSON, ANDREW FINDLATER, CHARLES WHITEHOUSE	Gluttons for Punishment	MEN	17:49.5	81
139	LUC JANSSENS, PIERS MULRONEY, ALICE PIERCE	FRC Team 21	MIXED	17:54.7	43
140	CHLOE BECKETT, CLAIRE ALTMANN, FREYA BILLINGHURST	THH Womens C	WOMEN	17:57.4	14
141	DANIEL BOTTING, MATT CAREY, GRACE MOSHASARAN	Chasers 49 Grace fully sprinting through the field	MIXED	18:00.4	44
142	LUCY MCEVOY, JADE MACLAREN, GEORGIA HAMER	FRC Team 17	WOMEN	18:00.8	15
143	SHAUN TERRY, ELEANOR WRIGHT, ELIZABETH WARD-BOOTH	Chasers 12 Al Wright when you get to know them	MIXED	18:01.3	45
144	JACK SIMPSON, JOHN HUTCHINSON, CLAIRE MURASHIMA	Chasers 38 Running Claire ly to the finish	MIXED	18:03.7	46
145	MATT BARCLAY, EMMA LAVERTY, EMILY RIDDELL	Chasers 45 Ridelled with talent	MIXED	18:03.9	47
146	BEN GUY, TOM DODGSON, JAKE SMITH	ChatJBT	MEN	18:04.6	82
147	ELIJAH WIGMORE, WILL CARPENTER, MUHAMMAD KANDRIKAR	FRC Team 22	MEN	18:05.3	83
148	PHIL HOGG, NICK GRASSLY, MARK GEORGE	Heathside Hares	V50	18:07.5	3
149	TONY KILLJEA, GRAHAM DOWNING, GAVIN EVANS	Heathside Hobblers	V60	18:17.4	1
150	JOSEPH SUGRUE, MITCHIE FRYER, NADIA WILKINSON	LFR Angel	MIXED	18:18.0	48
151	MIKE SOUTER, CHRIS THORLEY, JEN DU PREZ	Mile Chasing Jaguars	MIXED	18:19.2	49
152	AIDAN PADFIELD, DONNCHA HAYES, MATTHEW HUNTER	LFR Hampstead Heath	MEN	18:21.4	84
153	HATTIE LOWE, JODIE PEARLMAN, GABY ANDERSON	Jodie Hattie Gaby	WOMEN	18:22.7	16
154	HUGO KELLY, CHARLOTTE PATERSON, CARLA WILLARS	Chasers 31 Pitter Patterson	MIXED	18:23.4	50
155	MARK JEFFORD, MARCUS LLOYD, ALLIN NASH	Heathside Haggards	V60	18:26.5	2
156	HEATHER TANNER, JANINE MAKARONIDIS, RACHEL ROSENTHAL	Highgate Masters Women	WOMEN	18:26.5	17
157	LUKE TRICCAS, BIZZY WATSON, MEGAN JONES	Chasers 21 Getting Bizzy With It	MIXED	18:27.0	51
158	ROSIE YOUNG, COSTANZA STOCCHI, ELLIE HOLLOWAY	Rosie Ellie Cos	WOMEN	18:32.7	18
159	HANNAH WRIGHT, JAMILLA NCAYIYANA, ELLIE SIMBOROWSKA	Reigate Priory Women Blue	WOMEN	18:37.5	19
160	REBECCA PICKARD, LAURA SCHMID, CAT NEAVE	Flipping Fast and Furious	WOMEN	18:38.0	20
161	DANIEL JACK, SACH JANAGAL, ALEX RENDALL	LFR Hyde Park	MEN	18:38.3	85
162	LUCY CRAIG, JONATHAN CARTWRIGHT, LIAM GORDON	Chasers 6 Liam it all out there	MIXED	18:39.3	52
163	PATRICK CAHILL, MICHAEL GONDELLE, ADAM JONES	LFR Finsbury Park	MEN	18:47.0	86
164	PAUL MALONEY, MARCOS CUEVAS, TONY HIM	Here for the beer	MEN	18:47.8	87
165	GAVIN BRANDIE, ELLA GARDINER, LISA KAISER	Chasers 44 Kaiser of the relays	MIXED	18:48.3	53
166	KIERAN SANTRY, JAMIE BOYD, SIMON STANNARD	Coach Vicky	MEN	18:48.6	88
167	ED CUBBITT, KELVIN OOSTEN, DANNY BLOOM	Lets do this	MEN	18:50.3	89
168	PAUL GILBERTSON, DANA ELFRING, ALFIE GURNEY	Clapham Pioneers Team 15	MIXED	18:52.0	54
169	CAT PROWSE, JANE BUTLER, STACEY KORSBREK	Clapham Pioneers Team 4	WOMEN	18:59.7	21
170	LAUREN LONGHURST, NATASHA RICKETT, DANIELLE SMRECAK	Team 5 Baton	WOMEN	19:01.8	22
171	NILS FACEY, GEORGIE TAYLOR, MOLLY LAVCOCK	Chasers 16 Taylor Made for the Win	MIXED	19:06.5	55
172	RACHEL BERRY, JO NEVILLE, SARAH MCINTOSH	West 4 Harriers I	WOMEN	19:09.1	23
173	PETER SCATCHARD, MICHAEL KAVANAGH, JAMES SEMPLE	Clapham Pioneers Team 17	MEN	19:10.1	90
174	ROB KARLSSON, THOMAS FITZPARTICK, MATT DESBOROUGH	Joint Preservation	MEN	19:15.3	91
175	SHANE CULLINAN, HEATH ROSE, DAVID RUEGG	LFR Soho	V50	19:15.7	4
176	KATRINA KELLY, ELEANOR CHILDS, ANNA PATTERSON	Mornington Chasers Ladies	WOMEN	19:16.3	24
177	HAZEL READE, KATHARINE SHIELDS, ERIKA KULIKOVA	LFR Parliament Hill	WOMEN	19:17.2	25
178	DENG AKOL, AMY GILLHAM, REBECCA SPENCER	Chasers 7 Gillingham's Galloping Goats	MIXED	19:18.6	56
179	JONATHAN SARGENT, NICKY ROSS, SOPHIE FLANAGAN	Hachette Discover	MIXED	19:19.6	57
180	SOPHIE FLANAGAN, CILLIAN MCPOLIN, JULIAN CANTY	Chasers 19 Winning at a Cant er	MIXED	19:22.7	58
181	KEENAN REYNHARDT, KATIE LIGHT, NICK COOMBS	Fulham Fools	MIXED	19:27.7	59
182	GEORGIA HOWITT-SUTTON, MIKE REYS, MARTIN KELSEN	Southwark Athletics Club London Team 8	MIXED	19:27.9	60
183	LIZ AINSWORTH, GEORGE HEWSON, NICK DAVIES	Sweat Regret and Oxygen Debt	MIXED	19:32.6	61
184	ANDREW DEL NEVO, JAMES TEBBS, TERRY LAPINS	Croydon Harriers Veterans	MEN	19:38.0	92
185	ZOE GREENWOOD, EMMA THURSTON, ELLEN BUTLER	FRC Team 3	WOMEN	19:40.3	26
186	ALICIA MARTIN, HARRIET SPELMAN, SARAH HILL	FRC Team 19	WOMEN	19:42.7	27
187	IMOGEN SHAPLAND, SARAH BERGIN, RACHEL GIANCOLA	FRC Team 15	WOMEN	19:44.0	28
188	LAUREN WESTON, SIMON LEWIS, LYDIA WARD	Chasers 46 Ward ing off the competition	MIXED	19:44.6	62
189	ISAIAH AGRANDIE, STACEY EMERY, GRACIE MADDISON	Hachette Showcase	MIXED	19:47.5	63
190	ADRIAN HARTE, JULIETTE MAURER, JOSIE STRATFORD	Clapham Pioneers Team 14	MIXED	19:49.2	64
191	LUKE WAKELING2, ZOHA JETHA, GRACE BURNS	Croydon Harriers Mixed	MIXED	19:52.6	65
192	HAL GARLAND, LOUIS FOWLE, VICTORIA THOMPSON	Clapham Pioneers Team 10	MIXED	20:04.4	66
193	CHARLIE COOPER, MICI OLIVER, ANNA MAYNARD	Vegan Runners	MIXED	20:04.7	67

194	ELEANOR PROUDLOVE, REGAN DRENNAN, RHONNA SPINDLEY	FRC Team 2	WOMEN	20:06.0	29
195	CHARLOTTE KIRKMAN, RICHARD JONES, FELICITY MORTIMER	Clapham Pioneers Team 18	MIXED	20:06.8	68
196	HARRY O'HARE, LAUREN WOOD, IZZIE CLARK	Chasers 30 O Hare and the Tortoise	MIXED	20:08.7	69
197	CRAIG HOWARD, SIMON WOODINGTON, MARK CAHILL	Relay Boys	MEN	20:12.3	93
198	RICHARD MORRIS, RICK CANNON, JOSHUA HINH	Fulham De Lays	MEN	20:18.1	94
199	HONG DENG, JACINTA CLOVIS, ELIZABETH GELDER	Southwark Athletics Club London Team 9	MIXED	20:20.5	70
200	GARY HOBBS, MALGORZATA KUCHARSKA, ANNA SHIERSON	Not Relay Ready	MIXED	20:22.0	71
201	GEMMA HAWORTH, LINDSAY MURRAY, CAZ DAY	Clapham Pioneers Team 8	WOMEN	20:27.1	30
202	VALERIO FASOLI, ISMAIL YUSUF, STEPHEN TOMASZEWSKI	LFR Ally Pally	MEN	20:27.3	95
203	ROB CALDER, PAUL MCCRONE, JOHN WITTON	Denmark Hilliers	MEN	20:28.4	96
204	LAUREEN O'KANE, OLIVER BISHOP, ELIZABETH FELIX	Clapham Pioneers Team 12	MIXED	20:33.6	72
205	TIM WRIGHT, JEREMY OAKLEY, ALAN ARMSTRONG	West 4 Harriers F	MEN	20:35.5	97
206	BETHANY KNOWLES, ANNA RUSSELL, LUCY HARPER	Clapham Pioneers Team 9	WOMEN	20:36.0	31
207	JESSICA OSHODI, HENRIETTA DUNSMUIR, HANNAH SCHULZ	Hens Huns	WOMEN	20:37.3	32
208	DAVE COBB, PETER HALL, ION SCOTT FRANCIS	West 4 Harriers G	V60	20:42.2	3
209	SOPHIE MCKEEMAN, SARAH JACKSON, EMMA LESS	FRC Team 4	WOMEN	20:54.2	33
210	ALINA TUERK, CHRIS READE, GWEN WRIGHT	LFR Hackney	WOMEN	20:59.7	34
211	ANDY MCNAUGHT, ELSIE CUSSONS, TRACY GRIFFIN	Clapham Pioneers Team 19	MIXED	21:06.9	73
212	CLAUDIA BALIC, SOPHY MOLLOY, CLAIRE SHANAHAN	FRC Team 16	WOMEN	21:08.3	35
213	ALEX SEXTON, LAURA WILLIAMS, CHLOE SELLWOOD	Clapham Pioneers Team 11	MIXED	21:08.8	74
214	TOBY DARNLEY, KAT BURDON, ELLIE NIGHTINGALE	Hachette Carmelite	MIXED	21:10.0	75
215	LUCIE MURPHY, HANNAH OATES, HARRIET CURL	AtkinsRealis C	WOMEN	21:13.6	36
216	MORGAN FIDLER, KATHERINE COOK, AMY SMITH	Clapham Pioneers Team 13	MIXED	21:14.1	76
217	IAN BRANNEN, PAUL PRENTICE, BRIAN WIGGINS	Clapham Pioneers Team 5	V60	21:17.7	4
218	EMILY MARTYN, JASMINE PATEL, ELIZABETH ARYEETEEY	JELy babies	WOMEN	21:34.0	37
219	MOLLY CRAWFORD, ELISE DOWELL, DEAN NEWELL	Clapham Pioneers Team 16	MIXED	21:34.4	77
220	LEILA FRANCES, KATHERINE PATERSON, PAULINE GANDEE	Tri Hards	V50	21:39.2	5
221	KINGA BLASZKIEWICZ, REBECCA MARSHALL, JACKIE WASTELL	Heathside Heffers	WOMEN	21:40.6	38
222	NAOMI THOROGOOD, JANE WHITTAKER, ANNA BEAUSIRE	West 4 Harriers J	WOMEN	21:44.3	39
223	ALTHEA GABELLINI, HISAYO KAWAHARA, NICK SUTCLIFFE	Southwark Athletics Club London Team 10	MIXED	21:57.8	78
224	EVE CHAN, LAURA WOITOWITZ, BORAM OH	FRC Team 11	WOMEN	21:57.8	40
225	JULIA KIRBY SMITH, RENATA MORICONI, SUE EEDLE	Heathside Hornets	WOMEN	21:59.8	41
226	PETER HATLEY, RICHARD GUEST, GRANT CONWAY	ELR Bags	MEN	22:09.4	98
227	GAVIN PARISH, ALICE PARISH, FREYA PARISH	Galifrey	MIXED	22:17.0	79
228	HUBERT BRANDTS, GABBY CASHA, CHRISTOPHER SHAW	FRC Team 13	MIXED	22:34.2	80
229	JEFF ARMITAGE, MIKE FARMREY, PAUL WHITLOCK	THH Mens Vets	V60	23:06.9	5
230	JENNIE LINDER, JULIE SOMERS, FRANCES GERMAIN-POWELL	Clapham Pioneers Team 6	WOMEN	23:41.1	42
231	MADDIE BARROW, LOUISE GARLICK, ALICE HEATH	FRC Team 12	WOMEN	24:20.5	43

INDIVIDUAL RESULTS					
RANK	RUNNER	TEAM	M/F	TIME	M/F POS.
1	JAMES WHITTINGTON	THH Mens A	Male	04:30.0	1
2	CALUM LAING	Chasers 24 Laing Legged Lads	Male	04:34.5	2
3	AMITTAI BEN-ISRAEL	THH Mens A	Male	04:35.0	3
4	UNCLE JAMAL	SJCRUFCBRC Harriers	Male	04:36.7	4
5	JACK DAVEY	Threagles	Male	04:37.4	5
6	MARK HALL	LVM	Male	04:38.5	6
7	ETIENNE DICK	Southwark Athletics Club London Team 1	Male	04:38.6	7
8	JOSEPH HOULTON	FRC Team 18	Male	04:38.8	8
9	HARRY SIMPSON	Mornington Chasers	Male	04:39.2	9
10	LUKE WAKELING	Croydon Harriers A	Male	04:39.9	10
11	LUKE PATRICK	Chasers 17 Lauras Scorers	Male	04:40.9	11
12	ROB ARMSTRONG	Compton Social Club Harriers	Male	04:40.9	12
13	ANDY MILLER	Downing Old Boys	Male	04:40.9	13
14	JAMES HAYNES	Heathside Hawks	Male	04:41.6	14
15	WILL THOMPSON	FRC Team 5	Male	04:41.9	15
16	THOMAS GANDEE	Scrambled Legs	Male	04:42.3	16
17	ANGUS BAIN	Threagles	Male	04:42.3	17
18	RICHARD OLLINGTON	THH Mens B	Male	04:42.4	18
19	GEORGE LOWE	LFR Elephant & Castle	Male	04:42.9	19
20	ALEX LOWE	Vicky P Goats	Male	04:43.1	20
21	VICTOR ROUSTEAU	Southwark Athletics Club London Team 2	Male	04:43.3	21
22	LEO GEBBIE	Chasers 24 Laing Legged Lads	Male	04:43.4	22
23	ED SAMUEL	Threagles	Male	04:43.7	23
24	ELIOT NEVILL	THH Mens A	Male	04:43.9	24
25	JUSTIN GOREING	Healf	Male	04:44.5	25
26	WAYNE MORLEY	Heathside Hawks	Male	04:45.0	26
27	OSCAR LINDSAY	Chasers 25 Marr ing an otherwise nice day out	Male	04:45.6	27
28	DARREN SOUSTER	Camden Track Club	Male	04:46.2	28
29	KIERAN SHEEHY	Chasers 8 Lets be Haverly ing ya	Male	04:46.7	29
30	STEVEN ARTIST	LFR Elephant & Castle	Male	04:46.8	30
31	CHRISTOPHER SPENCE-LESLIE	Two and a half Chasers	Male	04:47.0	31
32	LEWIS SULLIVAN	LFR Elephant & Castle	Male	04:47.0	32
33	ALEX GUTTERIDGE	Runs Buns and Dones	Male	04:47.1	33
34	HARRY DUNSMUIR	Vicky P Goats	Male	04:47.4	34
35	GRAHAM PATTLE	FRC Stallions 2	Male	04:47.6	35
36	SCOTT BURRELL	Chasers 2 Bree zing through the field	Male	04:47.7	36
37	ADRIAN DIXON	Chasers 10 Stephs Stealthy Speedsters	Male	04:47.8	37
38	LUKE HUELIN	The Jersey Jets	Male	04:48.1	38
39	MATTHEW RAESIDE	Clapham Pioneers Team 1	Male	04:48.3	39
40	DOMINIC JONES	Heathside Have a goers	Male	04:48.9	40
41	YEMAN GDEY	Southwark Athletics Club London Team 1	Male	04:49.2	41
42	ISAAC EDWARDS	Heathside Hawks	Male	04:49.6	42
43	CHRIS WRIGHT	Chasers 8 Lets be Haverly ing ya	Male	04:49.8	43
44	JAMIE STAFFORD	On the track to nowhere	Male	04:49.8	44
45	SCOTT MILLER	Croydon Harriers boys are back	Male	04:49.9	45
46	DAVID MOYSE	FRC x AFB	Male	04:50.9	46
47	DOUGLAS MASLIN	Downing Old Boys	Male	04:51.3	47
48	GAVIN BRANDIE	Chasers 44 Kaiser of the relays	Male	04:51.5	48
49	DAVID WILKINSON	Chasers 20 McCleaning up	Male	04:51.8	49
50	JONATHAN SARGENT	Hachette Discover	Male	04:52.0	50
51	JAMES WINWARD	Downing Old Boys	Male	04:52.1	51
52	CHRIS BREE	Chasers 2 Bree zing through the field	Male	04:52.5	52
53	ALEX VERES	West 4 Harriers A	Male	04:52.7	53
54	LUKE TRICCAS	Chasers 21 Getting Bizzy With It	Male	04:53.0	54
55	GERARD RIORDAN	Chasers 36 Cundy do it Yes they Cun	Male	04:53.4	55
56	DONAL MORAN	Camden Track Club	Male	04:53.4	56
57	JOE RICH	The Bullets	Male	04:53.7	57
58	SHANE O	Chasers 9 Its in the Bagness	Male	04:54.0	58
59	JAMES WINWARD	Ermys Old Boys	Male	04:54.1	59
60	THOMAS ENGLISH	Two and a half Chasers	Male	04:54.4	60
61	BEN LITTLE	Southwark Athletics Club London Team 1	Male	04:54.6	61
62	LIAM MORONEY	Two and a half Chasers	Male	04:54.6	62
63	GRAHAM HUNT	Chasers 35 Hunting for the W	Male	04:54.7	63
64	MYLES PRESTON	Runs Buns and Dones	Male	04:55.0	64
65	HARRY MULLARD	Reigate Priory AC Men A	Male	04:55.3	65
66	BEN BECKWITH	Chasers 40 Powering to the Win	Male	04:55.4	66
67	STEVE WOOLLEY	West 4 Harriers A	Male	04:55.5	67
68	CHRIS COX	Heathside Hippios	Male	04:55.7	68
69	CHRIS MILBOURNE	Chasers 39 MilBourne to mile	Male	04:55.8	69
70	JAMIE DEACON	Chasers 5 Snowballin round the course	Male	04:55.9	70
71	JACK OLIVER	THH Mens B	Male	04:56.5	71
71	RICH BERRY	West 4 Harriers A	Male	04:56.5	72
73	SEAN HOWELL	Chasers 28 Howell they do it	Male	04:57.1	73
74	CONOR BARRASPORD	Healf	Male	04:57.3	74
75	MATT BOOTH	AtkinsRealis A	Male	04:57.5	75
76	DYLAN WILLIAMS	FRC Team 1	Male	04:58.4	76

77	JAMES GIDDINS	The Bullets	Male	04:58.4	77
78	JACK BEEVERS	SJCRUFCBRC Harriers	Male	04:58.6	78
79	THIBAUT LE GUEZEC	Endurance Grind Team	Male	04:58.8	79
80	CALLUM MASON	FRC Team 5	Male	04:58.9	80
81	DENIS GORMAN	LFR Regents Park	Male	04:59.0	81
82	DAVID HALL	Chasers 43 Hall of running Fame	Male	04:59.5	82
83	JOSÉ MARIA ANDREO CASASECA	LFR Mile End	Male	04:59.7	83
84	GAVIN MCCLEAN	Chasers 20 McCleaning up	Male	05:00.3	84
85	MATT BARCLAY	Chasers 45 Riddled with talent	Male	05:00.5	85
86	MARIUS THIES	LFR Regents Park	Male	05:01.1	86
87	S	Chasers 24 Laing Legged Lads	Male	05:01.2	87
88	CHRIS MUDE	Boston and Chicago Madmen	Male	05:01.3	88
89	BRONWEN REED	Highgate Middle Distance Women	Female	05:01.4	1
90	JAMES LAUDAGE	SJCRUFCBRC Harriers	Male	05:01.6	89
91	JACK SIMPSON	Chasers 38 Running Claire ly to the finish	Male	05:02.1	90
92	SAMUEL WAIRIMU	Chasers 32 They'll be Bragg ing by the end of the evening	Male	05:02.1	91
93	CHRIS ATKINSON	Ermsy Old Boys	Male	05:02.1	92
94	SIDNEY DRISCOLL	Chasers 50 Rosie cheeked racers	Male	05:02.2	93
94	LEE RICHARDSON	Southwark Athletics Club London Team 3	Male	05:02.2	94
96	ZACHARY LOVE	FRC Team 1	Male	05:02.8	95
97	MAX NETTLEY	Southwark Athletics Club London Team 3	Male	05:03.2	96
98	ANDREW ORR	Chasers 18 Orr No its happened again	Male	05:03.2	97
99	RORY SMITH	Chasers 9 Its in the Bagness	Male	05:03.3	98
100	LIZZY APSLEY	THH Womens A	Female	05:03.4	2
101	ADAM WESTBURY	Runs Buns and Dones	Male	05:03.5	99
102	ASHLEY GEORGE	Croydon Harriers boys are back	Male	05:03.8	100
103	MONTY X	FRC Stallions 2	Male	05:04.0	101
104	JACK BAGNESS	Chasers 9 Its in the Bagness	Male	05:04.1	102
105	CARL HAMILL	Neither Fast Nor Furious	Male	05:04.4	103
106	GEORGE ALLEN	Southwark Athletics Club London Team 4	Male	05:04.5	104
107	TOM WATSON	LFR Regents Park	Male	05:04.7	105
108	MATTHEW BOWES	Chasers 14 Take a Bowes	Male	05:04.9	106
109	MICHAEL WHITE	Clapham Pioneers Team 1	Male	05:05.1	107
110	MICHAEL HAVERTY	Chasers 8 Lets be Havertry ing ya	Male	05:05.3	108
111	TOM DAVIES	Davies Family	Male	05:05.9	109
112	DAVID BROWN	Croydon Harriers boys are back	Male	05:06.0	110
113	DAVID MASON	Mason Milers	Male	05:06.1	111
114	BEN STANTON	Reigate Priory AC Men A	Male	05:06.5	112
115	OLIVER WAXMAN	Southwark Athletics Club London Team 2	Male	05:06.7	113
115	CHRIS WATT	Owains Faster Relay Team	Male	05:06.7	114
117	FLO WIGGINS	THH Womens A	Female	05:06.7	3
118	ROBERT HICKMAN	Heathside Hotrods	Male	05:06.9	115
119	CAMERON HUTTON	LFR Battersea Park	Male	05:06.9	116
120	RORY SMITH	Chasers 4 Askam to be King of relays	Male	05:07.4	117
121	JOSH SLINGSBY	Southwark Athletics Club London Team 2	Male	05:07.6	118
122	MARCUS FORSMAN	FRC Team 14	Male	05:07.8	119
123	TOM ORTON	West 4 Harriers B	Male	05:07.8	120
124	MAX GRIGGS	Pace and Power	Male	05:08.2	121
125	ANNA RAWSTHORNE	Heathside Hurricane	Female	05:08.6	4
126	DAVID GILL	Chasers 3 the midnight lovers	Male	05:08.8	122
127	AMIE WALKER	AAJ Racing	Female	05:09.0	5
128	CAMERON KOOLHOVEN	DKS	Male	05:09.1	123
129	FRED SALLABANK	AtkinsReals A	Male	05:09.1	124
130	JOHNZOLTAN DALY	Annes Relay Team	Male	05:09.2	125
131	LEWIS DYKE	DKS	Male	05:09.2	126
132	JAMES GANDEE	Scrambled Legs	Male	05:09.3	127
133	JACK FOSTER	LFR Clapham	Male	05:09.9	128
134	CRAIG CONNELL	On the track to nowhere	Male	05:10.0	129
135	IMY BRISCOE	Chasers 2 Bree zing through the field	Female	05:10.1	6
136	ALEX VANSTONE	FRC Team 10	Male	05:10.3	130
137	JOE ASPELL-BEAUMONT	AAJ Racing	Male	05:10.4	131
138	DAN MAHONEY	FRC Team 5	Male	05:10.5	132
139	ROSIE WOODS	Highgate Middle Distance Women	Female	05:10.7	7
140	LIZZY B APSLEY	THH Womens D	Female	05:10.9	8
141	FIONN TOOMES	Corn Wallisons	Male	05:11.0	133
142	MOLLIE VIRGO	Chasers 43 Hall of running Fame	Female	05:11.0	9
143	KAITLYN JOHNSON	Highgate Middle Distance Women	Female	05:11.2	10
144	POPPY DISLEY-MAY	THH Womens A	Female	05:11.4	11
145	IAN WANG	Southwark Athletics Club London Team 4	Male	05:11.4	134
146	SAM HAWTHORN	Boston and Chicago Madmen	Male	05:11.6	135
147	SIMON SHEPPARD	Chasers 11 Brace for pace	Male	05:12.2	136
148	MICHAEL WIGGINS	Clapham Pioneers Team 1	Male	05:12.2	137
149	HARRY GOONAN	Corn Wallisons	Male	05:12.2	138
150	SEAN O'NEILL	LFR London Bridge	Male	05:12.5	139
151	JACK COY	RicardGo	Male	05:12.7	140
152	ROSS HUNTEER	Compton Social Club Harriers	Male	05:12.7	141
153	MATT PRIEST	West 4 Harriers B	Male	05:13.4	142
154	JOHN DAVIES	Southwark Athletics Club London Team 4	Male	05:13.4	143
155	MATTHEW ROBERTS	Dutty Knuckle	Male	05:13.6	144
156	BEN AUSTIN	Chasers 14 Take a Bowes	Male	05:13.9	145
157	JACK OLDBURY	LFR Mile End	Male	05:13.9	146
158	JOHAN VAN MEEUWEN	Clapham Pioneers Team 2	Male	05:14.2	147
159	DANIEL ABELA	Neither Fast Nor Furious	Male	05:14.4	148
160	ANDREW GARSIDE	AAJ Racing	Male	05:14.8	149
161	LUKE WAKELING2	Croydon Harriers Mixed	Male	05:15.0	150
162	EMILY BARRETT	Triple Ems	Female	05:15.3	12
163	DAVID GOULDSTONE	Mornington Chasers 1	Male	05:15.6	151
164	LAURENS	Heathside Heros	Male	05:15.9	152
165	BEN RICHMOND	RicardGo	Male	05:16.1	153
166	DARREN BARNARD	Team Height Spectrum	Male	05:16.5	154
167	CALVIN WEIR	The Jersey Jets	Male	05:16.6	155
168	BRADLEY GREENWAY	Compton Social Club Harriers	Male	05:16.6	156
169	EDDIE ROLLS	Chasers 34 Take a Bowley	Male	05:16.7	157
170	ALEX GANDEE	Scrambled Legs	Female	05:17.0	13
171	ALEX SPINK	Pace Invaders	Male	05:17.2	158
172	NATHAN BURN	Chasers 15 Burning through Battersea	Male	05:17.5	159
173	ED VAINES	AtkinsReals B	Male	05:17.5	160
174	LIZZIE BARRACLOUGH	Chasers 26 Dont Fawcett	Female	05:17.6	14
175	JAMES SCREEN	Southwark Athletics Club London Team 3	Male	05:17.8	161
176	DAVID HOOTON	Chasers 48 Making the Casey for victory	Male	05:17.9	162
177	ADAM CORNISH	Chasers 42 Young at Heart	Male	05:17.9	163
178	NIGEL PATRICK	LFR Battersea Park	Male	05:18.2	164
179	FELICITY HAYWARD	THH Womens B	Female	05:18.3	15
180	TOM JAMES	Boston and Chicago Madmen	Male	05:18.3	165
181	HUGO KELLY	Chasers 31 Pitter Patterson	Male	05:18.9	166
182	JADE PEEL	Highgate Harriers Women	Female	05:18.9	16
183	LIAM HAZELTON	LFR Burgess Park	Male	05:19.1	167
184	SAM JENKINS	Chasers 37 Finchs flock of fast milers	Male	05:19.4	168
185	COLM GALLAGHER	FRC Team 10	Male	05:19.4	169
186	HARRY SKELTON	DKS	Male	05:19.6	170
187	DAN CLEARE	Chasers 1 A team of Cleare winners	Male	05:19.6	171
188	JONATHAN THOMSON	Mornington Chasers	Male	05:20.0	172
189	DANIEL SCHILLER	Chasers 13 Not Lyon Around	Male	05:20.2	173
190	BEN KNIGHT	On the track to nowhere	Male	05:20.2	174
191	WOJCIECH PANKOW	LFR London Bridge	Male	05:20.6	175
192	ANDY FLANNERY	West 4 Harriers B	Male	05:20.6	176
193	DANIEL BOTTING	Chasers 49 Grace fully sprinting through the field	Male	05:20.7	177
194	ADAM LAMB	LFR Victoria Park	Male	05:20.7	178
195	MATTHEW BAKER	LFR London Bridge	Male	05:20.8	179
196	BEN RICHMOND	West 4 Harriers E	Male	05:20.8	180

197	JAKE ADAMS	LFR Battersea Park	Male	05:21.0	181
198	SAM DORRANS	Croydon Harriers 1	Male	05:21.0	182
199	ANDY STOCKLEY	Chasers 48 Making the Casey for victory	Male	05:21.1	183
200	LUC JANSSENS	FRC Team 21	Male	05:21.6	184
201	CHRISTIAN MACDONALD	AtkinsRealls E	Male	05:21.6	185
202	FERGAL JOYCE	LFR Mile End	Male	05:21.8	186
203	GREGG CHRISTY	Team Height Spectrum	Male	05:21.9	187
204	EMILIE VIDAL	Team Height Spectrum	Female	05:22.1	17
205	DENNY GUGGIOLONI	FRC Stallions 2	Male	05:22.1	188
206	KATRINA KELLY	Mornington Chasers Ladies	Female	05:22.2	18
207	DANIEL BLOWER	FRC Paddington Bears	Male	05:22.2	189
208	NATALIE PIDGEON	Chasers 27 Flower Power	Female	05:22.5	19
209	BEN O'SHEA	LFR Victoria	Male	05:22.9	190
210	ALEX VANSTONE	FRC Team 20	Male	05:23.0	191
211	MATT LEAVER	Pace Invaders	Male	05:23.3	192
212	BEN SNOWBALL	Chasers 5 Snowballin round the course	Male	05:23.3	193
213	PAVEL LINSHITS	FRC Team 14	Male	05:23.4	194
214	MARK HUMPHRIES	Chasers 1 A team of Cleare winners	Male	05:23.6	195
215	IZZY GELDER	Camden Track Club	Female	05:23.6	20
216	EWAN MACAULAY	THH Mens B	Male	05:23.7	196
217	ADAM LYON	Chasers 13 Not Lyon Around	Male	05:23.7	197
218	ADAM SHEW	Croydon Harriers A	Male	05:23.8	198
219	RICHARD SMITH	Clapham Pioneers Team 2	Male	05:23.8	199
220	DANIEL JACK	LFR Hyde Park	Male	05:24.3	200
221	HAMISH DALGARNO	The Jersey Jets	Male	05:24.3	201
222	MATTHIAS DURAND	Chasers 17 Lauras Scorers	Male	05:24.4	202
223	JORDAN GREENWOOD	FRC Team 18	Male	05:24.9	203
224	THOMAS ENGLEFIELD	South London Harriers Team Englefield	Male	05:25.1	204
225	SOPHIE COWLEY	Chasers 34 Take a Bowley	Female	05:25.1	21
226	JAMES KELLY	Ermys Old Boys	Male	05:25.2	205
227	JAMES WEBER	FRC Team 18	Male	05:25.2	206
228	DENG AKOL	Chasers 7 Gillinghams Galloping Goats	Male	05:25.3	207
229	CHRISTOPHER EVANGELIDES	RicardGo	Male	05:25.3	208
230	CRAIG MUNN	LFR Greenwich	Male	05:25.3	209
231	JACK BENNET	Chasers 41 Truly Spellmanbinding Wyn ers	Male	05:25.4	210
232	IMOGEN FAWCETT	Chasers 26 Dont Fawcett	Female	05:25.8	22
233	JOE DURWARD	AtkinsRealis D	Male	05:25.8	211
234	EMMA ROWLAND	Triple Ems	Female	05:25.9	23
234	CAMILLE COWAN	Triple Tempo	Female	05:25.9	24
236	SHANE PAGDEN	Corn Wallisons	Male	05:26.2	212
237	EDWARD ENGLEFIELD	South London Harriers Team Englefield	Male	05:26.2	213
238	HARRY SPEEY	Croydon Harriers 1	Male	05:26.3	214
239	FRANCESCA STOCO	Heathside Hurricane	Female	05:26.8	25
240	JAMES BRISBOURNE	Chasers 11 Brace for pace	Male	05:27.0	215
241	HANNAH VAUGHAN	Chasers 29 Vroom Vaugan	Female	05:27.1	26
242	SHAUN MELVIN	West 4 Harriers C	Male	05:27.2	216
243	JOSEPH SUGRUE	LFR Angel	Male	05:27.4	217
244	JOE CRAMP	Vicky P Goats	Male	05:27.7	218
245	MARK NANKERVIS	LFR Canary Wharf	Male	05:27.7	219
246	JOSH HAIGH	Face and Power	Male	05:27.9	220
247	BETHANIE MURRAY	THH Womens B	Female	05:27.9	27
248	ASTYN JONES	West 4 Harriers C	Male	05:28.1	221
249	LAURENCE WALSH	Chasers 5 Snowballin round the course	Male	05:28.9	222
250	ISOLDE PRYLE	Dutty Knuckle	Female	05:29.2	28
251	STEPHEN CHEN	Chasers 23 Chen they do it Yes they can	Male	05:29.4	223
252	TIMOTHY HAUGHTON	FRC Team 20	Male	05:29.5	224
253	SHAUN LOWTHIAN	Mornington Chasers	Male	05:29.9	225
254	ELIJAH WIGMORE	FRC Team 22	Male	05:30.2	226
255	ALEX CARINGTON	LFR Crystal Palace	Male	05:30.2	227
256	SARAH RICKETTS	Chasers 28 Howell they do it	Female	05:30.3	29
257	ERIK HANSON	Healf	Male	05:30.4	228
258	MIKE SMALEY	Croydon Harriers 1	Male	05:30.5	229
259	RUSSELL PEARSON	Chasers 35 Hunting for the W	Male	05:30.5	230
260	KRIS MILOVSOROV	Heathside Hotrods	Male	05:30.5	231
261	LEE SAVAGE	Reigate Priory AC Men A	Male	05:30.9	232
262	SHAUN TERRY	Chasers 12 Al Wright when you get to know them	Male	05:31.1	233
263	TIM WOODMAN	FRC Paddington Bears	Male	05:31.9	234
264	WILL MEAKIN	West 4 Harriers D	Male	05:32.2	235
265	BEN GUY	ChatJBT	Male	05:32.4	236
266	WILL BUNKER	Clapham Pioneers Team 7	Male	05:32.6	237
267	VISHNU JAYAN	AtkinsRealis A	Male	05:32.7	238
268	KARL LEWIS	LFR Victoria	Male	05:32.9	239
269	MUNKH-UCHIR DAMBA-UCHIR	LFR Crystal Palace	Male	05:32.9	240
270	PAUL MERCER	Heathside Hippos	Male	05:33.1	241
271	LUCY MCEVOY	FRC Team 17	Female	05:33.6	30
272	OLIVIA JOHNSON	Chasers 40 Powering to the Win	Female	05:33.7	31
273	CHARLIE COOPER	Vegan Runners	Male	05:33.7	242
274	SYDNEY CLEMENT	The Speedsters	Female	05:33.9	32
275	MIKE SOUTER	Mile Chasing Jaguars	Male	05:34.0	243
276	SOPHIE MCKEEMAN	FRC Team 4	Female	05:34.1	33
277	MARK JEFFORD	Heathside Haggards	Male	05:34.1	244
278	ROSIE BEADLE	Chasers 50 Rosie cheeked racers	Female	05:34.2	34
279	KIRSTY DELAND	Clapham Pioneers Team 3	Female	05:34.2	35
280	CHRIS HARTLEY	Heathside Have a goers	Male	05:34.3	245
281	STEPHEN MONAGHAN	Heathside Hypersonic	Male	05:34.9	246
282	IMOGEN LINDSLEY	Chasers 35 Hunting for the W	Female	05:34.9	36
283	MARNIS MASTENBROEK	Chasers 22 Taylor Made for Second Place	Male	05:35.0	247
284	CHRISTOPHER TIBBETT	LFR Greenwich	Male	05:35.4	248
285	BEN STOREY	Heathside Heros	Male	05:36.0	249
286	GILES OLIVER	LFR Victoria Park	Male	05:36.1	250
287	GAVIN ENGLEFIELD	South London Harriers Team Englefield	Male	05:36.1	251
288	AMANDA MASERATI	Heathside Has Beens	Female	05:36.3	37
289	MATTHEW IREDALE	Chasers 3 the midnight lovers	Male	05:36.4	252
290	CHRISTOPHER POCOCK	Chasers 3 the midnight lovers	Male	05:36.5	253
291	MARTIN POTTER	Heathside Hypersonic	Male	05:36.5	254
292	MAYANK KARADI	Chasers 10 Steps Stealthy Speedsters	Male	05:37.2	255
293	ZOHA JETHA	Croydon Harriers Mixed	Female	05:37.3	38
294	CHARLOTTE MASON	THH Womens B	Female	05:37.4	39
295	JARRYD HILLHOUSE	Owains Faster Relay Team	Male	05:37.5	256
296	ELLIOTT MASON	Mason Milers	Male	05:37.6	257
296	FREDDIE ROBERTS	LFR Clapham	Male	05:37.6	258
298	PHILIP DIX	The D Flashers	Male	05:37.9	259
299	NINA PEARCE	Southwark Athletics Club London Team 6	Female	05:38.1	40
300	JOSH GOLDE	GB FR AUS Runners	Male	05:38.3	260
301	LAURA EBBS	Reigate Priory AC Women Red	Female	05:38.6	41
302	DOMINIC ADDISON-NELSON	LFR Canary Wharf	Male	05:38.9	261
303	ALEX LUFF	FRC Team 20	Male	05:39.1	262
304	EDWARD BROOK	Chasers 26 Dont Fawcett	Male	05:39.3	263
305	ERIC LEUNG	AtkinsRealis E	Male	05:39.3	264
306	AARON CALLABY	LFR Canary Wharf	Male	05:39.9	265
307	HELEN FLIPPANCE	Heathside Hurricane	Female	05:39.9	42
308	ROBERT COLLOPY	GB FR AUS Runners	Male	05:40.3	266
309	JOSHUA DOWLING	LFR Burgess Park	Male	05:40.3	267
310	JOSEPH HENNIGAN	Davies Family	Male	05:40.7	268
311	KIERAN MARRIOTT	Heathside Heros	Male	05:40.7	269
312	ROBERT JONES	Clapham Pioneers Team 2	Male	05:40.9	270
313	ALICIA MARTIN	FRC Team 19	Female	05:41.4	43
313	RH LEADBEATER	Chasers 37 Finchs flock of fast milers	Male	05:41.4	271
315	MIRANDA FRIZZELLE	Triple Tempo	Female	05:41.5	44
316	SEBASTIAN HUBBARD	Southwark Athletics Club London Team 6	Male	05:41.8	272

317	ED BIRKETT	Chasers 29 Vroom Vaughan	Male	05:42.0	273
318	RACHEL AYRTON	Highgate Harriers Women	Female	05:42.0	45
319	WILL DIMOND	LFR Greenwich	Male	05:42.0	274
320	TOM ANDERSON	Gluttons for Punishment	Male	05:42.5	275
321	NICK SCREEN	Southwark Athletics Club London Team 5	Male	05:42.6	276
322	JOHN ASKAM	Chasers 4 Askam to be King of relays	Male	05:43.0	277
323	PAUL MALONEY	Here for the beer	Male	05:43.1	278
324	GEN HUSS	The Speedsters	Female	05:43.2	46
325	ANNA CRICHTLOW	West 4 Harriers H	Female	05:43.2	47
326	ADAM KEOGH	Neither Fast Nor Furious	Male	05:43.3	279
327	EMILIE ARNOUX	Triple Ems	Female	05:43.4	48
328	RUBY TOMLINSON	Clapham Pioneers Team 3	Female	05:43.6	49
329	ISOBEL SMITH	Heathside Has Beens	Female	05:43.7	50
330	CECILY KING	Chasers 4 Askam to be King of relays	Female	05:43.9	51
331	CIARAN JONES	Chasers 15 Burning through Battersea	Male	05:44.2	280
332	RACHEL HALDANE	West 4 Harriers H	Female	05:44.4	52
333	FRANC SINIGAGLIA	Southwark Athletics Club London Team 7	Male	05:44.4	281
334	STEPHEN TOPP	Heathside Hotrods	Male	05:44.6	282
334	PATRICK CAHILL	LFR Finchbury Park	Male	05:44.6	283
336	MATTHEW W	West 4 Harriers D	Male	05:44.7	284
337	ALEX SEXTON	Clapham Pioneers Team 11	Male	05:44.8	285
338	FLAVIA DENT	Heathside Has Beens	Female	05:44.9	53
339	HUGO CURA	FRC Team 10	Male	05:45.4	286
340	DIMITRIOS GRYPAKIS	FRC Paddington Bears	Male	05:45.5	287
341	CHRIS THORLEY	Mile Chasing Jaguars	Male	05:45.6	288
342	TOM DODGSON	ChatJBT	Male	05:45.7	289
343	OWAIN WILLIAMS	Annes Relay Team	Male	05:45.9	290
344	HELENA PAGE	Southwark Athletics Club London Team 7	Female	05:45.9	54
345	LIZZIE CLARKE	The Powerpuff Girls	Female	05:46.2	55
346	WILL SCOTT	THH Mens C	Male	05:46.2	291
347	ANDREW FINDLATER	Gluttons for Punishment	Male	05:47.0	292
348	PAUL GILBERTSON	Clapham Pioneers Team 15	Male	05:47.1	293
348	DAVID BOOT	West 4 Harriers C	Male	05:47.1	294
350	GEORGE DELA PERRELLE	AtkinsRealis B	Male	05:47.1	295
351	AOIFE HEGARTY	Chasers 43 Hall of running Fame	Female	05:47.5	56
352	ALEX KUNDA	Chasers 25 Marr ing an otherwise nice day out	Male	05:47.6	296
353	CHLOE B BECKETT	THH Womens D	Female	05:47.6	57
354	CHLOE BECKETT	THH Womens C	Female	05:48.1	58
355	ELLA BARKER	The Powerpuff Girls	Female	05:48.2	59
356	MARK BRACE	Chasers 11 Brace for pace	Male	05:48.4	297
357	HENRY SKEOCH	FRC x AFB	Male	05:48.5	298
358	GARETH FLETCHER	LFR Victoria Park	Male	05:48.5	299
359	ANDY MCNAUGHT	Clapham Pioneers Team 19	Male	05:49.0	300
360	JONATHAN BAKER	Pace Invaders	Male	05:49.6	301
361	ALEX BRAGGER	Chasers 32 They ll be Bragg ing by the end of the evening	Male	05:49.8	302
362	KATHARINA HASLAUER	Highgate Harriers Women	Female	05:49.8	60
363	ELEANOR ANDREWS	Chasers 50 Rosie cheeked racers	Female	05:49.8	61
364	ED HILL	AtkinsRealis B	Male	05:50.0	303
365	LUZZI PITT	Chasers 27 Flower Power	Female	05:50.2	62
366	CHLOE MASON	Mason Milers	Female	05:50.2	63
367	OLLY MURRAY	Heathside Hypersonic	Male	05:50.7	304
368	STUART FINCH	The Speedsters	Male	05:50.7	305
369	MICHAEL COTTON	LFR Clapham	Male	05:50.9	306
370	PAUL SANT	Mornington Chasers 1	Male	05:51.2	307
371	LILLY HOWLETT	Southwark Athletics Club London Team 7	Female	05:51.3	64
372	CALLUM PRICE	The D Flashers	Male	05:51.4	308
373	JEAN-CHARLES SABRAN	Clapham Pioneers Team 7	Male	05:51.6	309
374	MATT RYE	THH Mens C	Male	05:51.6	310
375	ELLIE TAYLOR	Chasers 22 Taylor Made for Second Place	Female	05:51.7	65
376	JOHN HUTCHINSON	Chasers 38 Running Claire ly to the finish	Male	05:51.7	311
377	ANNE BODEN	Owains Faster Relay Team	Female	05:51.8	66
378	HARRISON WADDY	AtkinsRealis D	Male	05:52.0	312
379	VILMOS ZSOMBORI	LVM	Male	05:52.0	313
380	WILL CARPENTER	FRC Team 22	Male	05:52.1	314
381	ANDREW DAVIES	Davies Family	Male	05:52.9	315
382	REBECCA PICKARD	Flipping Fast and Furious	Female	05:53.0	67
382	MAT BARBER	Southwark Athletics Club London Team 5	Male	05:53.0	316
384	HEATHER TANNER	Highgate Masters Women	Female	05:53.4	68
385	PETER SCATCHARD	Clapham Pioneers Team 17	Male	05:53.4	317
386	ALEX YEO	West 4 Harriers D	Male	05:53.8	318
387	IAN BRANNEN	Clapham Pioneers Team 5	Male	05:53.8	319
388	RYAN HUXFORD	AtkinsRealis D	Male	05:54.0	320
389	ROB SHULMAN	Heathside Have a goers	Male	05:54.3	321
390	ED CUBBITT	Lets do this	Male	05:55.7	322
391	MORGAN FIDLER	Clapham Pioneers Team 13	Male	05:55.9	323
392	EMMA LAVERTY	Chasers 45 Riddled with talent	Female	05:56.0	69
393	CLAIRE ALTMANN	THH Womens C	Female	05:56.0	70
393	DIEGO FAYOS	Southwark Athletics Club London Team 6	Male	05:56.0	324
395	GINEVRA STONELEY	Reigate Priory AC Women Red	Female	05:56.0	71
396	BECKY TAYLOR	Chasers 20 McCleaning up	Female	05:56.8	72
397	PHIL HOGG	Heathside Hares	Male	05:57.3	325
398	NICOLETTE EDWARDS	Chasers 28 Howell they do it	Female	05:57.4	73
399	CATHERINE HODGE	Clapham Pioneers Team 3	Female	05:57.6	74
400	TONY KILLILEA	Heathside Hobblers	Male	05:58.0	326
401	MARCUS LLOYD	Heathside Haggards	Male	05:58.0	327
402	ELEANOR KNIGHT	Chasers 29 Vroom Vaughan	Female	05:58.2	75
403	RICHARD MORRIS	Fulham De Lays	Male	05:58.7	328
404	MIKE OFFEN	LFR Crystal Palace	Male	05:59.1	329
405	HATTIE LOWE	Jodie Hattie Gaby	Female	05:59.2	76
406	REBECCA UPCOTT	Chasers 39 Milbourne to mile	Female	05:59.6	77
407	ELLE MECKROW	Chasers 23 Chen they do it Yes they can	Female	05:59.6	78
408	JOJO RHODES	Southwark Athletics Club London Team 5	Female	05:59.8	79
409	CARA GIBBONS	Chasers 23 Chen they do it Yes they can	Female	06:00.6	80
410	AIDAN PADFIELD	LFR Hampstead Heath	Male	06:00.9	330
411	ROB KARLSSON	Joint Preservation	Male	06:01.0	331
412	JACOB FINDLAY	Chasers 14 Take a Bowes	Male	06:01.0	332
413	TOBY DARNLEY	Hachette Carmelite	Male	06:01.4	333
414	NICK GRASSLY	Heathside Hares	Male	06:01.8	334
415	TIM CHARTERS	LFR Burgess Park	Male	06:02.0	335
416	JASON DRAKE	West 4 Harriers E	Male	06:02.1	336
417	GRAHAM DOWNING	Heathside Hobblers	Male	06:02.2	337
418	LAUREN LONGHURST	Team 5 Baton	Female	06:02.2	81
419	DONNCHA HAYES	LFR Hampstead Heath	Male	06:02.3	338
420	EMILY BINCHY	Endurance Grind Team	Female	06:02.8	82
421	HANNAH GODFREY	Chasers 18 Orr No its happened again	Female	06:02.8	83
422	CATHERINE GIBBONS	West 4 Harriers H	Female	06:02.9	84
423	THOMAS WESTRAN	THH Mens C	Male	06:03.3	339
424	IADIE MACLAREN	FRC Team 17	Female	06:03.9	85
425	KIERAN SANTRY	Coach Vicky	Male	06:03.9	340
426	KIT BROWN	Chasers 32 They ll be Bragg ing by the end of the evening	Male	06:04.3	341
427	PIERS MULRONEY	FRC Team 21	Male	06:04.5	342
428	SHANE CULLINAN	LFR Soho	Male	06:04.7	343
429	EDWARD BRUCE	FRC x AFB	Male	06:04.8	344
430	HUBERT BRANDTS	FRC Team 13	Male	06:04.8	345
431	SATH VIMALARAJAH	LFR Victoria	Male	06:04.9	346
432	MARK BEVERLEY	The D Flashers	Male	06:05.1	347
433	JODIE PEARLMAN	Jodie Hattie Gaby	Female	06:05.2	86
434	ROSIE YOUNG	Rosie Ellie Cos	Female	06:05.3	87
435	STEPHEN CAMPBELL	Mornington Chasers 1	Male	06:05.3	348
436	EURGAIN WYN	Chasers 41 Truly Spellmanbinding Wyn ers	Female	06:05.3	88

437	ANNABEL YOUNG	Chasers 42 Young at Heart	Female	06:05.4	89
438	ROB CALDER	Denmark Hilliers	Male	06:05.6	349
439	MICI OLIVER	Vegan Runners	Female	06:06.4	90
440	LYDIA TROW	Triple Tempo	Female	06:06.7	91
441	DAVE COBB	West 4 Harriers G	Male	06:07.0	350
442	LARA JAMES	Reigate Priory AC Women Red	Female	06:07.4	92
443	CAITLIN ECKLEY	The Powerpuff Girls	Female	06:07.5	93
444	ELEANOR WRIGHT	Chasers 12 Al Wright when you get to know them	Female	06:07.7	94
445	SOPHIE FLANAGAN	Chasers 19 Winning at a Cant er	Female	06:07.8	95
446	BETHANY KNOWLES	Clapham Pioneers Team 9	Female	06:07.8	96
447	LUCY CRAIG	Chasers 6 Liam it all out there	Female	06:08.0	97
448	LEONARD REILLY	LVM	Male	06:08.3	351
449	HAZEL READE	LFR Parliament Hill	Female	06:08.4	98
450	MARK GEORGE	Heathside Hares	Male	06:08.4	352
451	GAVIN PARISH	Galifrey	Male	06:08.7	353
452	NILS FACEY	Chasers 16 Taylor Made for the Win	Male	06:08.8	354
453	HAL GARLAND	Clapham Pioneers Team 10	Male	06:09.2	355
454	ISAIAH AGBANDJE	Hachette Showcase	Male	06:09.2	356
455	MICHAEL KAVANACH	Clapham Pioneers Team 17	Male	06:09.3	357
456	CHARLOTTE PATERSON	Chasers 31 Pitter Patterson	Female	06:09.5	99
457	HANNAH WRIGHT	Reigate Priory Women Blue	Female	06:09.7	100
458	VINH-PHUONG HOANG	Chasers 36 Cundy do it Yes they Cun	Female	06:09.8	101
459	COSTANZA STOCCHI	Rosie Ellie Cos	Female	06:10.0	102
460	KEENAN REYNHARDT	Fulham Fools	Male	06:10.2	358
461	LIZ AINSWORTH	Sweat Regret and Oxygen Debt	Female	06:11.1	103
462	HARRY O	Chasers 30 O Hare and the Tortoise	Male	06:11.3	359
463	JAMILLA NCAYIYANA	Reigate Priory Women Blue	Female	06:11.4	104
464	MATT CAREY	Chasers 49 Grace fully sprinting through the field	Male	06:11.5	360
465	JANINE MAKARONIDIS	Highgate Masters Women	Female	06:11.7	105
466	GEMMA WILLMOTT	Endurance Grind Team	Female	06:11.8	106
467	GEORGIE TAYLOR	Chasers 16 Taylor Made for the Win	Female	06:11.8	107
468	STEPH MURPHY	Chasers 10 Stephs Stealthy Speedsters	Female	06:11.9	108
469	PETER HALL	West 4 Harriers G	Male	06:12.0	361
470	SOLE FRANCESCHI	Chasers 1 A team of Cleare winners	Female	06:12.5	109
471	CAT PROWSE	Clapham Pioneers Team 4	Female	06:12.5	110
472	FREYA BILLINGHURST	THH Womens C	Female	06:13.3	111
473	TIM WRIGHT	West 4 Harriers F	Male	06:13.4	362
474	ROHAN KALLICHARAN	Clapham Pioneers Team 7	Male	06:13.6	363
475	CAITLIN POWER	Chasers 40 Powering to the Win	Female	06:13.8	112
476	VALERIO FASOLI	LFR Ally Pally	Male	06:14.1	364
477	LAURA SCHMID	Flipping Fast and Furious	Female	06:14.5	113
478	JONATHAN CARTWRIGHT	Chasers 6 Liam it all out there	Male	06:14.7	365
479	ZOE GREENWOOD	FRC Team 3	Female	06:14.8	114
480	RACHEL BERRY	West 4 Harriers I	Female	06:15.2	115
481	MADDIE SPELLMAN	Chasers 41 Truly Spellmanbinding Wyn ers	Female	06:15.7	116
482	ELLIE SIMBOROWSKA	Reigate Priory Women Blue	Female	06:16.4	117
483	JANE BUTLER	Clapham Pioneers Team 4	Female	06:16.5	118
484	IJAM GORDON	Chasers 6 Liam it all out there	Male	06:16.6	366
485	JOSHUA CABANAS	Chasers 39 Milbourne to mile	Male	06:17.0	367
486	GAVIN EVANS	Heathside Hobblers	Male	06:17.2	368
487	ELLIE HOLLOWAY	Rosie Ellie Cos	Female	06:17.4	119
488	STEPHEN SIMMONS	Chasers 18 Orr No its happened again	Male	06:17.6	369
489	ANDREW DEL NEVO	Croydon Harriers Veterans	Male	06:17.7	370
490	IMOGEN SHAPLAND	FRC Team 15	Female	06:18.1	120
491	SACH JANAGAL	LFR Hyde Park	Male	06:18.3	371
492	MATTHEW HUNTER	LFR Hampstead Heath	Male	06:18.3	372
493	NATHALIE CAZALS	GB FR AUS Runners	Female	06:18.3	121
494	GABY ANDERSON	Jodie Hattie Gaby	Female	06:18.3	122
495	ADRIAN HARTE	Clapham Pioneers Team 14	Male	06:18.3	373
496	LAUREN WOOD	Chasers 30 O Hare and the Tortoise	Female	06:18.5	123
497	SCOTT BEMMENT	Chasers 27 Flower Power	Male	06:18.8	374
498	FAYE BROWN	Chasers 13 Not Lyon Around	Female	06:19.1	124
499	JAMES MCKENZIE	FRC Team 1	Male	06:19.5	375
500	MICHAEL DENNIS	FRC Team 14	Male	06:19.7	376
501	MICHAEL CONDELLE	LFR Finsbury Park	Male	06:19.8	377
502	CHARLES WHITEHOUSE	Gluttons for Punishment	Male	06:20.0	378
503	LAUREN WESTON	Chasers 46 Ward ing off the competition	Female	06:20.3	125
504	JENNY FINCH	Chasers 37 Finchs flock of fast mlers	Female	06:20.4	126
505	MARCOS CUEVAS	Here for the beer	Male	06:20.9	379
506	JAMESM MOORE	Croydon Harriers A	Male	06:20.9	380
507	JAMES MC LAUGHLIN	Annes Relay Team	Male	06:21.0	381
508	JAMIE BOYD	Coach Vicky	Male	06:21.1	382
509	RACHEL ROSENTHAL	Highgate Masters Women	Female	06:21.5	127
510	KELVIN OOSTEN	Lets do this	Male	06:21.7	383
511	JO NEVILLE	West 4 Harriers I	Female	06:21.8	128
512	MITCHIE FRYER	LFR Angel	Male	06:22.1	384
513	EMMA INGHAM	Chasers 42 Young at Heart	Female	06:22.5	129
514	JAMES DAVIS	Chasers 22 Taylor Made for Second Place	Male	06:22.6	385
515	ELIZABETH WARD-BOOTH	Chasers 12 Al Wright when you get to know them	Female	06:22.6	130
516	CHARLOTTE KIRKMAN	Clapham Pioneers Team 18	Female	06:23.3	131
517	RICHARD JONES	Clapham Pioneers Team 18	Male	06:23.3	386
518	GEORGIA HAMER	FRC Team 17	Female	06:23.3	132
519	GEORGIA HOWITT-SUTTON	Southwark Athletics Club London Team 8	Female	06:23.4	133
520	SARAH BERGIN	FRC Team 15	Female	06:23.5	134
521	JULIA KIRBY SMITH	Heathside Hornets	Female	06:23.6	135
522	SIMON STANNARD	Coach Vicky	Male	06:23.6	387
523	GEMMA HAWORTH	Clapham Pioneers Team 8	Female	06:23.9	136
524	GARY ROBINSON	West 4 Harriers E	Male	06:24.7	388
525	JACK WILDE	AtkinsRealis E	Male	06:25.2	389
526	NATASHA RICKETT	Team S Baton	Female	06:25.3	137
527	KATHARINE SHIELDS	LFR Parliament Hill	Female	06:25.6	138
528	NOEMIE CAVAILLION-RAM	Chasers 36 Cundy do it Yes they Cun	Female	06:27.2	139
529	AMY GILLHAM	Chasers 7 Gillinghams Galloping Goats	Female	06:27.8	140
530	EMILY MARTYN	IElly babies	Female	06:28.2	141
531	GRACE MOSHSARAN	Chasers 49 Grace fully sprinting through the field	Female	06:28.2	142
532	JULIETTE MAURER	Clapham Pioneers Team 14	Female	06:28.2	143
533	NADIA WILKINSON	LFR Angel	Female	06:28.4	144
534	MIKE REYS	Southwark Athletics Club London Team 8	Male	06:28.4	390
535	ALICE PIERCE	FRC Team 21	Female	06:28.6	145
536	PAUL MCCRONE	Denmark Hilliers	Male	06:28.8	391
537	CILLIAN MCPOLIN	Chasers 19 Winning at a Cant er	Male	06:28.8	392
538	CRAIG HOWARD	Relay Boys	Male	06:29.0	393
539	HEATH ROSE	LFR Soho	Male	06:30.0	394
540	CAT NEAVE	Flipping Fast and Furious	Female	06:30.6	146
541	STACEY KORSBREK	Clapham Pioneers Team 4	Female	06:30.7	147
542	EMILY SAUNDERS	Dutty Knuckle	Female	06:30.9	148
543	DANA ELFRING	Clapham Pioneers Team 15	Female	06:31.0	149
544	HONG DENG	Southwark Athletics Club London Team 9	Male	06:31.1	395
545	KINGA BLASZKIEWICZ	Heathside Heffers	Female	06:31.7	150
546	SARAH MCINTOSH	West 4 Harriers I	Female	06:32.0	151
547	JACINTA CLOVIS	Southwark Athletics Club London Team 9	Female	06:32.2	152
548	GARY HOBBS	Not Relay Ready	Male	06:32.5	396
549	DANNY BLOOM	Lets do this	Male	06:32.9	397
550	LOUIS FOWLE	Clapham Pioneers Team 10	Male	06:33.1	398
551	CARYS O'SHEA	Chasers 15 Burning through Battersea	Female	06:33.3	153
552	KATIE LIGHT	Fulham Fools	Female	06:33.7	154
553	EMMA THURSTON	FRC Team 3	Female	06:33.9	155
554	ALFIE GURNEY	Clapham Pioneers Team 15	Male	06:33.9	399
555	SIMON LEWIS	Chasers 46 Ward ing off the competition	Male	06:33.9	400
556	DANIELLE SMRECZAK	Team S Baton	Female	06:34.2	156

557	THOMAS FITZPARTICK	Joint Preservation	Male	06:35.9	401
558	MARTIN KEISEN	Southwark Athletics Club London Team 8	Male	06:36.0	402
559	JAMES TEBBS	Croydon Harriers Veterans	Male	06:36.1	403
560	ELLA GARDINER	Chasers 44 Kaiser of the relays	Female	06:36.2	157
561	STACEY EMERY	Hachette Showcase	Female	06:36.9	158
562	PETE CROCKFORD	Heathside Hippios	Male	06:37.7	404
563	ELEANOR PROUDLOVE	FRC Team 2	Female	06:37.7	159
564	MATT DESBOROUGH	Joint Preservation	Male	06:38.5	405
565	RACHEL WANLESS	Chasers 17 Lauras Scorers	Female	06:38.9	160
566	REGAN DRENNAN	FRC Team 2	Female	06:39.1	161
567	HARRIET SPELMAN	FRC Team 19	Female	06:39.2	162
568	SIMON WOODINGTON	Relay Boys	Male	06:39.5	406
569	MARISA PINEO	Chasers 48 Making the Casey for victory	Female	06:39.7	163
570	GEORGE HEWSON	Sweat Regret and Oxygen Debt	Male	06:39.7	407
571	ALINA TUEK	LFR Hackney	Female	06:39.8	164
572	DAVID RUEGG	LFR Soho	Male	06:41.1	408
573	JESS DAVIES	THH Womens D	Female	06:41.6	165
574	NICK DAVIES	Sweat Regret and Oxygen Debt	Male	06:41.8	409
575	ADAM JONES	LFR Finsbury Park	Male	06:42.6	410
576	MUHAMMAD KANDRIKAR	FRC Team 22	Male	06:43.0	411
577	ERIKA KULIKOVA	LFR Parliament Hill	Female	06:43.3	166
578	JESSICA OSHODI	Hens Huns	Female	06:43.6	167
579	NICK COOMBS	Fulham Fools	Male	06:43.8	412
580	TONY HIM	Here for the beer	Male	06:43.8	413
581	JENNIE LINDER	Clapham Pioneers Team 6	Female	06:44.1	168
582	TERRY LAPINS	Croydon Harriers Veterans	Male	06:44.1	414
583	LAUREEN O'KANE	Clapham Pioneers Team 12	Female	06:44.2	169
584	MALGORZATA KUCHARSKA	Not Relay Ready	Female	06:45.2	170
585	CLAUDIA BALIC	FRC Team 16	Female	06:45.3	171
586	MOLLY LAYCOCK	Chasers 16 Taylor Made for the Win	Female	06:45.8	172
587	JULIANN CANTY	Chasers 19 Winning at a Cant er	Female	06:46.1	173
588	BIZZY WATSON	Chasers 21 Getting Bizzy With It	Female	06:46.4	174
589	LUCIE MURPHY	AtkinsRealis C	Female	06:46.5	175
590	JAKE SMITH	ChatJBT	Male	06:46.5	415
591	OLIVER BISHOP	Clapham Pioneers Team 12	Male	06:47.6	416
592	MEGAN JONES	Chasers 21 Getting Bizzy With It	Female	06:47.6	176
593	SOMAYEH TOSI	Pace and Power	Female	06:48.1	177
594	HENRIETTA DUNSMUIR	Hens Huns	Female	06:48.9	178
595	RHONNA SPINDLEY	FRC Team 2	Female	06:49.2	179
596	LYDIA WARD	Chasers 46 Ward ing off the competition	Female	06:50.4	180
597	LINDSAY MURRAY	Clapham Pioneers Team 8	Female	06:51.3	181
598	ELLEN BUTLER	FRC Team 3	Female	06:51.6	182
599	SOPHY MOLLOY	FRC Team 16	Female	06:52.8	183
600	CHRIS READE	LFR Hackney	Female	06:53.9	184
601	MOLLY CRAWFORD	Clapham Pioneers Team 16	Female	06:53.9	185
602	ALUN NASH	Heathside Haggards	Male	06:54.4	417
603	SALLY MARR	Chasers 25 Marr ing an otherwise nice day out	Female	06:54.7	186
604	ISMAL YUSUF	LFR Ally Pally	Male	06:55.0	418
605	ELEANOR CHILDS	Mornington Chasers Ladies	Female	06:55.1	187
606	CARLA WILLIAMS	Chasers 31 Pitter Patterson	Female	06:55.1	188
607	JEREMY OAKLEY	West 4 Harriers F	Male	06:55.5	419
608	ALEX RENDALL	LFR Hyde Park	Male	06:55.8	420
609	HANNAH OATES	AtkinsRealis C	Female	06:57.2	189
610	JOEL STUBBS	Chasers 34 Take a Bowley	Male	06:57.8	421
611	JASMINE PATEL	JELy babies	Female	06:58.1	190
612	ANNA PATTERSON	Mornington Chasers Ladies	Female	06:59.1	191
613	JEN DU PREEZ	Mile Chasing Jaguars	Female	06:59.6	192
614	NAOMI THOROGOOD	West 4 Harriers J	Female	07:00.6	193
615	GRACIE MADDISON	Hachette Showcase	Female	07:01.4	194
616	ELIZABETH FELIX	Clapham Pioneers Team 12	Female	07:01.8	195
617	PETER HATLEY	ELR Bags	Male	07:02.1	422
618	RACHEL GIANCOLA	FRC Team 15	Female	07:02.4	196
619	JOSIE STRATFORD	Clapham Pioneers Team 14	Female	07:02.6	197
620	FREYA MAYNARD	The Bullets	Female	07:03.5	198
621	MARK CAHILL	Relay Boys	Male	07:03.8	423
622	ALTHEA GABELLINI	Southwark Athletics Club London Team 10	Female	07:04.3	199
623	ANNA SHIERSON	Not Relay Ready	Female	07:04.3	200
624	HANNAH SCHULZ	Hens Huns	Female	07:04.8	201
625	LEILA FRANCES	Tri Hards	Female	07:04.8	202
626	EVE CHAN	FRC Team 11	Female	07:06.6	203
627	JAMES SEMPLE	Clapham Pioneers Team 17	Male	07:07.4	424
628	EMILY RIDDELL	Chasers 45 Riddled with talent	Female	07:07.5	204
629	LAURA WOJTOWITZ	FRC Team 11	Female	07:07.5	205
630	RICK CANNON	Fulham De Lays	Male	07:08.1	425
631	LAURA WILLIAMS	Clapham Pioneers Team 11	Female	07:09.1	206
632	CLAIRE MURASHIMA	Chasers 38 Running Claire ly to the finish	Female	07:09.9	207
633	ELSIE CUSSONS	Clapham Pioneers Team 19	Male	07:10.0	426
634	ANNA RUSSELL	Clapham Pioneers Team 9	Female	07:10.7	208
635	JEFF ARMITAGE	THH Mens Vets	Male	07:11.0	427
636	JOSHUA HINH	Fulham De Lays	Male	07:11.4	428
637	CAZ DAY	Clapham Pioneers Team 8	Female	07:11.9	209
638	KATHERINE PATERSON	Tri Hards	Female	07:15.2	210
639	ELISE DOWELL	Clapham Pioneers Team 16	Female	07:15.9	211
640	ELIZABETH GELDER	Southwark Athletics Club London Team 9	Female	07:17.2	212
641	LUCY HARPER	Clapham Pioneers Team 9	Female	07:17.4	213
642	STEPHEN TOMASZEWSKI	LFR Ally Pally	Male	07:18.3	429
643	JANE WHITTAKER	West 4 Harriers J	Female	07:18.8	214
644	PAULINE GANDEE	Tri Hards	Female	07:19.2	215
645	KATHERINE COOK	Clapham Pioneers Team 13	Female	07:20.1	216
646	FELICITY MORTIMER	Clapham Pioneers Team 18	Female	07:20.2	217
647	LISA KAISER	Chasers 44 Kaiser of the relays	Female	07:20.7	218
648	SARAH HILL	FRC Team 19	Female	07:22.1	219
649	VICTORIA THOMPSON	Clapham Pioneers Team 10	Female	07:22.1	220
650	RICHARD GUEST	ELR Bags	Male	07:23.5	430
651	DEAN NEWELL	Clapham Pioneers Team 16	Male	07:24.6	431
652	ANNA BEAUSIRE	West 4 Harriers J	Female	07:25.0	221
653	REBECCA SPENCER	Chasers 7 Gillinghams Galloping Goats	Female	07:25.5	222
654	HISAYO KAWAHARA	Southwark Athletics Club London Team 10	Female	07:25.9	223
655	GWEN WRIGHT	LFR Hackney	Female	07:26.1	224
656	ALAN ARMSTRONG	West 4 Harriers F	Male	07:26.7	432
657	NICK SUTCLIFFE	Southwark Athletics Club London Team 10	Male	07:27.6	433
658	HARRIET CURL	AtkinsRealis C	Female	07:30.0	225
659	CLAIRE SHANAHAN	FRC Team 16	Female	07:30.2	226
660	REBECCA MARSHALL	Heathside Heffers	Female	07:30.8	227
661	KAT BURDON	Hachette Carmelite	Female	07:33.2	228
662	PAUL PRENTICE	Clapham Pioneers Team 5	Male	07:34.2	434
663	ELLIE NIGHTINGALE	Hachette Carmelite	Female	07:35.4	229
664	GABBY CASHA	FRC Team 13	Female	07:35.9	230
665	SARAH JACKSON	FRC Team 4	Female	07:37.6	231
666	JACKIE WASTELL	Heathside Heffers	Female	07:38.1	232
667	IZZIE CLARK	Chasers 30 O'Hare and the Tortoise	Female	07:38.9	233
668	RENATA MORICONI	Heathside Hornets	Female	07:42.1	234
669	EMMA LESS	FRC Team 4	Female	07:42.6	235
670	BORAM OH	FRC Team 11	Female	07:43.8	236
671	GRANT CONWAY	ELR Bags	Male	07:43.8	435
672	MADDIE BARROW	FRC Team 12	Female	07:44.8	237
673	MIKE FARMREY	THH Mens Vets	Male	07:44.9	436
674	BRIAN WIGGINS	Clapham Pioneers Team 5	Male	07:49.7	437
675	JOHN WITTON	Denmark Hilliers	Male	07:54.1	438
676	SUE EEDLE	Heathside Hornets	Female	07:54.2	238

677	AMY SMITH	Clapham Pioneers Team 13	Female	07:58.1	239
678	LOUISE GARLICK	FRC Team 12	Female	08:00.2	240
679	ALICE PARISH	Galifrey	Female	08:01.5	241
680	FREYA PARISH	Galifrey	Female	08:06.8	242
681	ELIZABETH ARYEETEEY	JELly babies	Female	08:07.7	243
682	TRACY GRIFFIN	Clapham Pioneers Team 19	Female	08:07.8	244
683	PAUL WHITLOCK	THH Mens Vets	Male	08:11.0	439
684	CHLOE SELLWOOD	Clapham Pioneers Team 11	Female	08:15.0	245
685	JULIE SOMERS	Clapham Pioneers Team 6	Female	08:17.5	246
686	JON SCOTT FRANCIS	West 4 Harriers G	Male	08:23.3	440
687	ANNA MAYNARD	Vegan Runners	Female	08:24.5	247
688	ALICE HEATH	FRC Team 12	Female	08:35.5	248
689	FRANCES GERMAIN-POWELL	Clapham Pioneers Team 6	Female	08:39.5	249
690	CHRISTOPHER SHAW	FRC Team 13	Male	08:53.5	441
691	GRACE BURNS	Croydon Harriers Mixed	Female	09:00.3	250
692	NICKY ROSS	Hachette Discover	Female	14:27.5	251