



**SRI CHINMOY
MARATHON TEAM**



Self-Transcendence

24 Hour Track Race

Battersea Park, London

20th -21st September 2025

35th Annual Sri Chinmoy Self-Transcendence 24 Hour Track Race



Welcome!

Welcome! We wish all competitors the best of luck. It is our honour to serve and support you; if there's anything you need please let us know. We are super grateful to the officials and volunteers who have so readily offered to help this weekend. May everyone have a very enjoyable event!



Race Officials

- Race Directors:** Shankara Smith, Devashishu Torpy
Race Referees: Matthew Lythell, Ashley Burridge
Timekeepers: Donna Barrington Smith, Christian Burgar,
Mandeep Chahal
Medical: Cover provided by First Aid Cover Ltd.
Physiotherapists: Matthew Bradley, Barry Crane, Dilaver Dilaver,
Nicola Wiszniewska-Lynch

This Bronze Label event is organised according to UK Athletics rules, and to IAU standards regarding measurement of circuit, lap counting and ratification of records.
UKA Distance License OUT25/464



Self-Transcendence

“Self-transcendence gives us joy in boundless measure. When we transcend ourselves, we do not compete with others. We do not compete with the rest of the world, but at every moment we compete with ourselves. We compete only with our previous achievements. And each time we surpass our previous achievements, we get joy.”

- Sri Chinmoy



Sri Chinmoy Marathon Team

uk.srichinmoyraces.org

Since 1977 our international running club has been putting on races from 2 miles right up to the world's longest race; 3100 miles. Our races are inspired by our founder Sri Chinmoy's philosophy of self-transcendence and finding the best within yourself:

"Never give up! Never give up! Your ultimate goal is just around the corner."

Here in the UK, we hold 5Ks, Relays, Perth 100K, this 24 Hour, and Triathlons.



Sri Chinmoy Oneness-Home Peace Run

www.peacerun.org

The world's largest peace torch relay that spans the globe, symbolising humanity's universal aspiration for a more peaceful world. Since its founding by Sri Chinmoy in 1987, the Run has visited almost every country on earth – over 150 nations and territories – and touched the lives of millions of people. We are all sisters and brothers in a world-family. The goal of the Peace Run is to expedite humanity's efforts to make our world a oneness-home for all people. We run together to create a world founded on peace.





Runners

2 Stefan Bardega (50), Britain

Stefan competed here in 2023, recording 80 miles. His other ultra experience was Race to the Stones where he completed the 100K in 17:23.

3 Phil Beckett (43), Britain | Club: Bad Boy RC

Phil ran here last year, recording 111 miles. Recent ultras include Winter Downs 200, placing 20th in 74:03, CCC 100K in 2022, and ND100 completed in 27:07. During the pandemic Phil took on virtual races including Centurion Running Climbing Olympus Mons on a treadmill.

4 Paula Bedford (51), Britain | Club: Camino Ultra

This is Paula's first 24 Hour race but she is an experienced Ultra runner. Last year she placed 1st woman vet 50 at Winter Downs 100, completing in 25:42. She completed TP100 in 22:59, and has SDW50, NDW50, Chiltern Wonderland 50, amongst others, under her belt.

5 Sam Blake (24), Britain

Sam started Ultra running last year but he's already packed a lot in. He completed both NDW and SDW100 in 26:17 and 27:16 respectively, as well as Hundred Hills 50K, Hurtwood 50K, and North Downs Ridge 50K this year in 5:40.

6 Imo Boddy (26), Britain | Club: Runna

Imo has one listing on the DUV stats site: Ultra X 100 K Azores, 2nd woman in 14:20 in 2023. However, what this site doesn't list is her record-breaking 3 Peaks challenge last year. She not only ran the three peaks but also the distance between them, completing the 423 miles and 10,000m of climb in 6 days, 5 hours, 43 mins, bettering the previous record by 19 hours. Imo also became the youngest person to run John o'Groats to Land's End at the age of 22.

7 John Cane (49), Britain

John has competed many 50K Ultras, including North Downs Ridge in 5:43 and Coastal Trail Series Northumberland. John competed Race to the Stones 100K last year in 14:41.

8 Ben Capsey (48), Britain | Club: Salford Mets AC

Last year, Ben ran The Ultra Loop Track Manchester 12 Hour, reaching 111K, so he's just got to double the time on the track this year! Other Ultras include Lakeland Trails 55K, Manchester to Liverpool completed in 8:58, and Pig on the Hill Back Yard Ultra where he clocked up 47 Miles.

9 Spencer Carroll (54), Britain

Spencer has run the Jurassic Coast Challenge three times, with a best time for the 131K of 18:59. He has also completed Thames Path Trail 100K.



Runners

10 Julien Cazorla (47), France | Club: Serpentine

This may be Julien's first 24 Hour race but he comes with a lot of Ultra race experience. He completed Spartathlon in 2023, finishing in 28:29. His fastest 100 Mile race was A100 in 2021 when he recorded 15:02. Julien has completed UTMB, UTMF – Mt. Fuji 100, Arc of Attrition and this year Transgrancanaria.

11 Kate Condon (70), Britain

Kate first competed at our race in 1995 and this is her 6th time, last running at Tooting in 2006. Recent years have seen her regularly compete in the Sri Chinmoy 6-day races in New York. In 2023 Kate competed at Gloucester 48 hour. We are delighted to welcome Kate back.

12 Scott Davis (47), Britain | St Austell Athletes RC

Scott's previous 24 hour race was the Roseland August Trail in 2021 where he recorded 88K. Last year Scott ran Hurtwood 50K in 6:43.

13 Maximillian Dew (40), Britain | Club: Camino Ultra

This is Maximillian's fifth time here. He set his 24Hr PB in 2022 with 109 miles, and after enduring last year's deluge overnight we are impressed he's returning – surely the weather will be better this year! He completed London Lea Valley 50K this year in 3:55. Other ultras include: Longbridge Backyard Ultra and The Speed Project France 70K.

14 Kacper Frankiewicz (23), Britain

Kacper completed the London 100K this summer in 13:25, and the London Lea Valley 50K in 4:48. Last year he ran Race to the Stones 100K.

15 Paul Gilbertson (47), Britain | Club: Clapham Pioneers

An experienced Ultra racer, Paul competed here in 2022, clocking up 107miles. Last year he ran the TP100 in 26:18 and NDW50 in 10:24. Other ultras include NDW100 in 26:01; Testway Ultra 50; SDW100; A100; and many others.

16 Jack Goldsmith (27), Britain

Last year, Jack ran Snowdon 100 Mile Ultra in 34:40 placing 11th, and 100K Peak District placing 7th in 11:16. This July he completed Race to the Stones in 13:40.

17 Hannah Hall (44), Britain | Club: Hart Road Runners

Hannah was 3rd woman at Winter on the Downs 100 last year, finishing in 26:05. She also ran Dragon 100, finishing in 25:52 and placing 2nd woman. Hannah has run TP100 in 21:53, and both NDW100 and SDW100 in the past couple of years. This year she's completed Springtide 50K in 5:16, placing 2nd woman.



Runners

18 Richard Hall-Smith (45), Britain | Club: Crystal Palace Fun Runners

Last year Richard completed here, clocking up 103 miles. Richard has run the London to Brighton twice, placing 7th in 2023 in a time of 11:19. Richard has also completed Ultra London 55K in 5:02, and this year Lea Valley 50K in 3:39.

19 Per Audun Heskestad (70), Norway | Club: FILAKS

Per Audun has raced here 3 times over the years; last year he recorded an impressive 108.9 miles and declared it his easiest 24 hour race, we're not sure his fellow competitors would have understood as they endured a deluge of rain overnight! Per's goal is to set some Norwegian and possibly European records during this race in his 70th year, having already set V65 Norwegian ones at Endurance 24 Finland in April at the age of 69. Apparently, his wife isn't thrilled that he's still running these races but we're confident he's going to make her proud again!

20 Dougie Hill (61), Britain | Club: RTC Warriors

Dougie ran Lochness 24 last year, recording 161K, and Glenmore Trail 24 in 2023. He recorded 97K at Glenmore 12 hour in 2022; has completed the West Highland Way in 26:31; and Glen Ogle 33 multiple times.

21 Stephen Hobbs (51), Britain | Club: The Green Runners

Stephen competed here for the first time last year but had to withdraw after 58 Miles. This year he competed at Crawley 24 recording 100K. Last year he clocked up 101K at Crawley 12Hr, placing 4th; and ran A100 in 23:41. Other recent ultras include: Arc of Attrition 100M completed in 27:04; and Gloucester 48 Hour where he ran 247K.

22 Ian Holmes (57), Britain | Club: Frome RC

Ian ran our race back in 2012, recording 116 miles. In 2020 he competed at Gloucester 48 Hour recording 165K. Last year, Ian ran Ham & Lyme 50K.

23 Ian Jack (47), Britain | Club: Herne Hill Harriers

This is Ian's fourth time at our race; he recorded his PB in 2019 with 186K and last year clocked up 107 miles during a very wet race. This year he has run Arc of Attrition 100 in 35:34. Other recent ultras include TP100 in 21:24, NDW100, SDW100, Country to Capital and The Wall Ultra 111K which he completed in 13:47.

24 Luke Latimer (48), Britain | Club: Jura AC

This will be Luke's sixth time at our race; he set his 195K PB in 2021. Last year he endured the rain to record 101 miles. His crammed ultra CV includes GUC, The Spine, Crawley 12 Hour (79 miles), Lakeland 100 and SDW50. In 2018 he completed the Centurion Grand Slam, recording his best time at A100, 21:36.



25 Robin Leathley (37), Britain | Club: Goyt Valley Striders

Robin completed Ultra-Trail Snowdonia last year, completing the 100K in 20:47. He ran Race to the Tower in 2022, covering 52 Miles in 10:16. This year, Robin has completed Race to the Stones in 12:43.

26 Grant MacDonald (46), Britain | Club: Garscube H

Grant holds a 24 Hour PB of 251K set at Barcelona in 2018. Last year, Grant ran Ochil Ultra 50M in 9:26, and in 2021 Centurion 100 Miles in 14:31. Grant competed at the IAU World Championships in 2019, completing 227K.

27 Curtis Mansfield (30), Britain

Curtis has grown his endurance over three Ironmans. His Ultra runs include Tribe Run for Love in Sweden in 2023 and Namibia in 2024, which consisted of 230K over 5 days.

28 Gianluca Marangon (28), Croatia | Club: Sri Chinmoy Marathon Team

Gianluca completed the Sri Chinmoy 47 Mile race last summer in New York, completing in a time of 7:28.

29 Daniel Bautista Martin (50), Spain | Club: Patapalos Huelva and JMJ

Daniel recorded 83 miles here last year. In 2021, he ran North Downs Ridge 50K in 6:57. Daniel has also run London to Brighton.

30 Hugo McGuire (28), Britain

Hugo completed NDW100 last year in 25:59, along with Hurtwood 50K, North Downs Ridge 50K in 6:02, and Country to Capital. Hugo has also completed London to Brighton in 12:56 and SDW50.

31 Stephen Miller (47), Britain | Club: Penny Lane Striders

Stephen completed here in 2023 and recorded 109 miles. This year he's run Leeds to Liverpool Canal, completing in 36:36; and Chester Ultra 100 completed in 29:40. Other Ultra races include The Ultra Loop Track 12 hour, 64 Miles; Yr Wyddfa Snowdon Ultra 50; Sunrise to Sunset Challenge; and Ultra Trail Wales 50M completed in 9:20.

32 Alan Munro (60), Britain

Alan applied to run last year but we were unable to accommodate him, so we are happy to see him running this year. Alan has completed one 24 hour race so far – the Endure 24 in 2022 – clocking up 104K. He has also completed White Rose 30 Ultra.



Runners

33 Jo Newens (54), Britain | Club: Road Runners Club

Jo set her 24Hr PB at our Tooting Bec race in 2019 with 221K, placing 1st Woman and 3rd overall, on a very wet weekend! Last year she returned and completed 175K on another wet race – are we sensing a pattern here? Jo ran 80K in 12 hours at Crawley this year, she also ran Bislett 24 hour last November. Other Ultras include Gloucester 24HR; Lupatotissima 24HR; and ran the Anglo Celtic Plate at our Perth 100K in 2022, finishing in 8:49.

34 David Nightingale (55), Britain | Club: Nathan Fear Running

David competed at Gloucester 24 Hour last year, clocking up 161K, and he also ran the 2023 race with a similar distance. Other Ultras include Arc of Attrition 50M, completed in 13:47, and Suanpruek99 5 Hour race in Thailand where he completed 46K.

35 Adam Owen (48), Britain

Adam returned to Ultra running when he ran Comrades last year, completing the Up run in 8:59. Pre-Pandemic Adam completed Ultra Tour of Arran 92K stage race and The Joust 24 Hour, recording 147K.

36 Lucy Peaks (41), Britain

Lucy has competed at one other ultra race, the Fireworks 12 Hour Track race by ZigZag, where she clocked up 60 Miles. This should stand her in good stead for today's track race.

37 Derren Peters (51), Britain

Derren has competed here 4 times before and holds a PB of 114 miles. Last year he clocked up 93 miles. So far this year Derren has completed Crawley with 147K, and St. Peters Way Ultra, completing the 42 miles in 9:08.

38 Reynald Pouchin (46), France | Club: Clapham Pioneers

This will be Reynald's first 24 Hour race but he has lots of Ultra experience over recent years. This includes: NDW50 completed in 10:49; North Downs Ridge 50K completed in 4:24; NDW100 completed in 26:06; Ultra Trail Snowdonia; SDW100; and Ultimate Lakeland Trails 100K.

39 Kevin Pryde (49), Britain | Club: Seaford Striders RC

Kevin ran GUCR this year, completing the 145 miles in 39:36. Last year he ran SDW50 and SDW100 which he finished in 25:37. Other Ultra races include A100, Chiltern Wonderland 50M, Wendover Woods, NDW50 and Beach Head Ultra.

40 Sudarshan Ratnavelu (43), Britain

Sudarshan ran here in 2021 and recorded 80 miles. Since then he has completed Comrades up in 10:08, and Transgrancanaria Advanced 65K.



Runners

41 Will Raybould (55), Britain | Club: Daventry AC

This is Will's first 24 Hour race but he is an experienced Ultra racer. This year he's completed SDW100 in 19:35 and Country to Capital in 6:47. Last year he ran GUCR, finishing in 30:48. Other Ultras include Ridgeway Challenge, Warwickshire Ring 111M which he completed in 23:36, TP100, Race to the Stones, and many others.

42 Dean Sartin (48), Britain | Club: Olney Runners AC

This is Dean's first 24 Hour race but he has many Ultras under his belt. Last year he completed the Centurion 50 Mile Grand Slam which saw him run SDW50 in 8:51, plus Race to the Stones 100K which he completed in 17:19. He has also completed A100 in 26:55, Kielder 82K Ultra, Dormouse Challenge 6 Hour clocking up 56K, and Cairngorms Ultra Trail, amongst others.

43 Daniel Scott (45), Britain | Club: North Endurance

Daniel completed Ultra Trail Snowdonia 100K this year and last year ran MDS. He has completed Chester Ultra 100 in 228:36, and Manchester to Liverpool twice.

44 David Shaw (41), Britain | Club: Run Rhaw

David ran our race back in 2019, recording 106 miles. More recent Ultras include the ACP Mallory Park 100K completed in 8:43, Self-Transcendence 100K which he finished in 7:22, Glasgow to Edinburgh, and Gloucester 24 Hour.

45 Jason Skirrow (53), Britain

Jason ran his first 24 Hour race here last year and hit 100 miles. He completed Spartathlon in 2021, finishing in 35:06. The same year he ran KACR in 34:37. Jason has completed multiple Centurion 100 Mile events and all sub-24 hours. This year he has completed London 100K in 11:57 and Country to Capital in 7:31.

46 Charlotte Smith (51), Britain | Club: Serpentine

Charlotte holds a 24 Hour PB of 171K set at our Tooting Bec race in 2017 and she returned last year to clock 86 miles. A very experienced ultra runner, this year alone she has completed both GUCR and Leeds & Liverpool Canal Race, along with Crawley 24 Hour where she completed 148K.

47 Kieran Spooner (33), Britain

Kieran ran London to Brighton this year in 9:30, placing 2nd to fellow racer today, James Williams.

48 Darren Strachan (50), Britain | Club: Camino Ultra

Darren is a 3-time finisher of Spartathlon, most recently in 2021, finishing in 35:41. He has run TP100 in 18:34, and recorded 186K at Gloucester 24 Hour in 2020. His most recent race was Country to Capital, completed in 8:14.



Runners

49 Vladimir Susko (48), Lithuania | Club: Isle of Dogs

Vladimir completed London to Brighton last year. He has run Trail Kursiu 50K in his native Lithuania twice with a best time of 4:52, and Beast of the Blacks 40M this year in 8:50.

50 Tomas Svitoraka (42), Czech Republic

Tomas has completed London to Brighton 100K the last two years.

51 Lee Trueman (47), Britain | Club: Totton RC

Lee ran Gloucester 24 Hour last year and clocked up 200K. He also completed Serpent Trail 100K in 12:31 and Arc of Attrition 50M in 13:47. This year he's run Testway 50M where he placed 3rd in 8:48.

52 John Turner (75), Britain | Club: Blackheath & Bromley

Today will be John's eighteenth time at our race and he's something of an institution here. Supported by his amazing wife Maz, John will steadily clock up the laps, offer support and encouragement to his fellow competitors, smile through any weather, and impress the socks off all of us! John set his PB of 116 miles here and in recent years has moved from being a former winner of our Vet 60 to the winner of our Vet 70 category. John has run too many ultras to mention but a highlight was his John O'Groats to Lands End.

53 Calum Watson (50), Britain

Callum completed Ultra Wales 50M this year, finishing in 18:46. Last year he completed MDS, North Downs Ridge 50K and TP100K in 22:05.

54 Michael Wiggins (48), Britain | Club: Clapham Pioneers

Michael has competed here 3 times, most recently in 2021, and holds a PB of 112 miles. This year Michael has completed the London 100K in 10:48. In recent years he's run Winter Downs 100 in 23:54, SDW100 in 23:16, and Thames Ring 250M, amongst other Ultras.

55 James Williams (38), Britain | Club: The Green Runners

James won our race in 2022 with a very impressive 240K. Last year he started but wasn't feeling well early on, so we are hoping today will put that memory to bed. This year he won London to Brighton in 9:03. Other recent Ultras include Race to the Stones, completed in 8:55, and Kennet and Avon Canal where he placed 3rd in 27:21. Previously he has won the Autumn 100 and Serpent Trail 100K.

56 Martin Wilson (42), Britain | Club: Durham Fell Runners

We are delighted to welcome Martin back, who chased at the heels of James in 2022, recording 237K. Martin ran Crawley this year and last year completed Winter Downs 200 and Lakeland 100. Other Ultras include Ultra Trail Snowdonia 100K.



“ Challenges awaken
The sleeping power
Within us. ”

- Sri Chinmoy

Run and Become is proud to sponsor
the Self-Transcendence 24 Hour race
and wishes all runners the best of luck!



Run and Become