

Sri Chinmoy 5K Race

Battersea Park, London

12th July 2021

SILVER STARLING 5K



**SRI CHINMOY
MARATHON TEAM**



Run and Become
www.runandbecome.com

| WINNERS | | | | | | |
|--------------|-----------|-------------|----------------------------------|--------|-------|-----|
| RANK | NAME | SURNAME | CLUB | M F | TIME | AGE |
| Men U/50 | | | | | | |
| 1 | Elias | Ahmed | Ealing Southall & Middlesex AC | Male | 15:15 | 19 |
| 2 | Ben | Howe | London City Athletics Club | Male | 15:36 | 32 |
| 3 | Benjamin | Tolputt | Serpentine | Male | 15:53 | 31 |
| 4 | Danny | Brewer | Highgate Harriers | Male | 15:56 | 32 |
| 5 | Andres | Chau | Highgate Harriers | Male | 15:56 | 25 |
| 6 | Angus | Butler | Herne Hill Harriers | Male | 15:58 | 28 |
| 7 | Andy | Bond | Dulwich runners | Male | 16:06 | 47 |
| Women U/50 | | | | | | |
| 1 | Philippa | Bowden | Aldershot & Farnham district | Female | 16:35 | 26 |
| 2 | Ruby | Woolfe | Thames Hare and Hounds | Female | 17:03 | 26 |
| 3 | Hannah | Wells | Hillingdon athletic club | Female | 19:08 | 28 |
| 4 | Charlotte | Svenson | Fulham Running Club | Female | 19:37 | 36 |
| 5 | Mary | Cormack | London Frontrunners | Female | 19:47 | 35 |
| 6 | Alice | Williams | Dulwich runners ac | Female | 20:10 | 36 |
| 7 | Jennifer | Wing | London Heathside | Female | 20:39 | 29 |
| Men Vet 50 | | | | | | |
| 1 | Peter | Mannion | Windle Valley Runners | Male | 18:45 | 59 |
| 2 | David | Mason | | Male | 18:55 | 51 |
| 3 | Philip | Hogg | London Heathside | Male | 19:05 | 51 |
| Women Vet 50 | | | | | | |
| 1 | Ruth | Hutton | South London harriers | Female | 21:20 | 56 |
| 2 | Julie | Barclay | British Airways AC | Female | 22:27 | 58 |
| 3 | Elaine | Battson | Victoria Park & Tower Hamlets AC | Female | 24:17 | 55 |
| Men Vet 60 | | | | | | |
| 1 | Chris | Smith | London Frontrunners | Male | 21:36 | 61 |
| 2 | Ian | Wimsett | Ealing Eagles Running Club | Male | 21:53 | 63 |
| Women Vet 60 | | | | | | |
| 1 | Liz | Killip | The Stragglers RC | Female | 19:47 | 60 |
| 2 | Michele | Coe-o'brien | South London harriers | Female | 23:32 | 60 |
| Men Vet 70 | | | | | | |
| 1 | Geoffrey | Turkington | | Male | 19:08 | 71 |

ALL RESULTS BELOW

| RESULTS | | | | | | | | |
|---------|----------|---------|--------------------------------|-------|-------|-----|----------|-----------|
| RANK | NAME | SURNAME | CLUB | M F | TIME | AGE | CATEGORY | CAT. POS. |
| 1 | Elias | Ahmed | Ealing Southall & Middlesex AC | Male | 15:15 | 19 | MU/50 | 1 |
| 2 | Ben | Howe | London City Athletics Club | Male | 15:36 | 32 | MU/50 | 2 |
| 3 | Benjamin | Tolputt | Serpentine | Male | 15:53 | 31 | MU/50 | 3 |

| | | | | | | | | |
|----|-------------|-------------|----------------------------------|--------|-------|----|-------|----|
| 4 | Danny | Brewer | Highgate Harriers | Male | 15:56 | 32 | MU/50 | 4 |
| 5 | Andres | Chau | Highgate Harriers | Male | 15:56 | 25 | MU/50 | 5 |
| 6 | Angus | Butler | Herne Hill Harriers | Male | 15:58 | 28 | MU/50 | 6 |
| 7 | Andy | Bond | Dulwich runners | Male | 16:06 | 47 | MU/50 | 7 |
| 8 | Thomas | Drayton | Hercules Wimbledon | Male | 16:07 | 21 | MU/50 | 8 |
| 9 | Ross | Brown | Herne Hill Harriers | Male | 16:19 | 33 | MU/50 | 9 |
| 10 | Simon | Egan | Woking AC | Male | 16:31 | 49 | MU/50 | 10 |
| 11 | Fintan | Parkinson | Blackheath & Bromley | Male | 16:32 | 42 | MU/50 | 11 |
| 12 | Kieran | White | Hercules Wimbledon | Male | 16:33 | 45 | MU/50 | 12 |
| 13 | Christopher | Tsantoulas | Serpentine Rc | Male | 16:33 | 41 | MU/50 | 13 |
| 14 | Philippa | Bowden | Aldershot & Farnham district | Female | 16:35 | 26 | WU/50 | 1 |
| 15 | Russ | Ashford | Highgate Harriers | Male | 16:37 | 37 | MU/50 | 14 |
| 16 | Dariusz | Kabulski | Victoria Park & Tower Hamlets AC | Male | 16:37 | 29 | MU/50 | 15 |
| 17 | STEPHEN | MCLEOD | Fulham Running Club | Male | 16:38 | 32 | MU/50 | 16 |
| 18 | Fred | Bungay | dulwich runners ac | Male | 16:39 | 29 | MU/50 | 17 |
| 19 | Gary | James | | Male | 16:44 | 43 | MU/50 | 18 |
| 20 | David | Sharman | Wimbledon Windmilers | Male | 16:45 | 36 | MU/50 | 19 |
| 21 | Ruby | Woolfe | Thames Hare and Hounds | Female | 17:03 | 26 | WU/50 | 2 |
| 22 | Peter | Wooldridge | Serpentine Rc | Male | 17:05 | 33 | MU/50 | 20 |
| 23 | Luke | Frizoni | Clapham Chasers | Male | 17:10 | 33 | MU/50 | 21 |
| 24 | Dmitrij | Savickij | Greenwich Tritons | Male | 17:11 | 34 | MU/50 | 22 |
| 25 | Adam | Westbury | Herne Hill Harriers | Male | 17:11 | 29 | MU/50 | 23 |
| 26 | Oliver | Daniel | Belgrave Harriers | Male | 17:12 | 25 | MU/50 | 24 |
| 27 | Kev | Chadwick | dulwich runners ac | Male | 17:14 | 41 | MU/50 | 25 |
| 28 | Steven | Leonard | Clapham Chasers | Male | 17:20 | 37 | MU/50 | 26 |
| 29 | Joseph | McKeown | London Heathside AC | Male | 17:22 | 37 | MU/50 | 27 |
| 30 | Charlie | Jeffrey | the stragglers | Male | 17:23 | 20 | MU/50 | 28 |
| 31 | Daniel | Easton | Cambridge Harriers | Male | 17:26 | 35 | MU/50 | 29 |
| 32 | Freysen | Maritz | the stragglers rc | Male | 17:27 | 46 | MU/50 | 30 |
| 33 | Tom | Sloan | Kent Athletic Club | Male | 17:29 | 47 | MU/50 | 31 |
| 34 | Alex | Loftus | dulwich runners ac | Male | 17:32 | 46 | MU/50 | 32 |
| 35 | Ewan | Fryatt | Ealing Eagles Running Club | Male | 17:33 | 39 | MU/50 | 33 |
| 36 | Ian | Gutteridge | Datchet Dashers | Male | 17:37 | 40 | MU/50 | 34 |
| 37 | Gavin | Brandie | Clapham Chasers | Male | 17:46 | 43 | MU/50 | 35 |
| 38 | Lee | Wilkinson | Serpentine Rc | Male | 17:52 | 33 | MU/50 | 36 |
| 39 | Ben | Ireland | Belgrave Harriers | Male | 17:54 | 25 | MU/50 | 37 |
| 40 | Jacques | Corby-Tuech | Thames Valley Harriers | Male | 17:55 | 33 | MU/50 | 38 |
| 41 | Graham | O'Donoghue | Serpentine Rc | Male | 17:58 | 42 | MU/50 | 39 |
| 42 | Ryo | Kitahara | Ealing Eagles Running Club | Male | 18:00 | 42 | MU/50 | 40 |
| 43 | Rafal | Machnik | Ealing Eagles Running Club | Male | 18:03 | 40 | MU/50 | 41 |
| 44 | Joseph | Clemoes | London Heathside | Male | 18:09 | 38 | MU/50 | 42 |
| 45 | Leslie | Bailey | Fulham Running Club | Male | 18:11 | 29 | MU/50 | 43 |
| 46 | Robert | Connor | Clapham Chasers | Male | 18:12 | 26 | MU/50 | 44 |
| 47 | Frederick | Levy | Fulham Running Club | Male | 18:16 | 33 | MU/50 | 45 |
| 48 | felix | Allen | Hercules Wimbledon | Male | 18:17 | 49 | MU/50 | 46 |
| 49 | Charlie | Edwards | hillingdon ac | Male | 18:24 | 24 | MU/50 | 47 |
| 50 | Matt | Collins | London Heathside | Male | 18:24 | 45 | MU/50 | 48 |
| 51 | Jonathan | Lacey | None | Male | 18:33 | 26 | MU/50 | 49 |
| 52 | Andrew | Davies | Hercules Wimbledon | Male | 18:38 | 47 | MU/50 | 50 |
| 53 | Liam | McNicholl | Ealing Eagles Running Club | Male | 18:41 | 44 | MU/50 | 51 |
| 54 | Doug | Rendle | London Heathside | Male | 18:45 | 42 | MU/50 | 52 |
| 55 | Peter | Mannion | Windle Valley Runners | Male | 18:45 | 59 | MV50 | 1 |

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|-----|------------|--------------|----------------------------------|--------|-------|----|--------|----|
| 56 | Massimo | Biava | Ealing Eagles Running Club | Male | 18:47 | 45 | M U/50 | 53 |
| 57 | jason | walkingshaw | Best Athletics | Male | 18:50 | 41 | M U/50 | 54 |
| 58 | David | Mason | | Male | 18:55 | 51 | M V50 | 2 |
| 59 | James | McAulay | Willesden Triathlon Club | Male | 19:00 | 27 | M U/50 | 55 |
| 60 | Philip | Hogg | London Heathside | Male | 19:05 | 51 | M V50 | 3 |
| 61 | Marcin | Bujar | Fulham Running Club | Male | 19:06 | 33 | M U/50 | 56 |
| 62 | Geoffrey | Turkington | | Male | 19:08 | 71 | M V70 | 1 |
| 63 | Hannah | Wells | hillingdon athletic club | Female | 19:08 | 28 | W U/50 | 3 |
| 64 | Paul | Mercer | London Heathside AC | Male | 19:13 | 46 | M U/50 | 57 |
| 65 | Paul | Watt | British Airways AC | Male | 19:23 | 56 | M V50 | 4 |
| 66 | Allan | cox | Clapham Chasers RC | Male | 19:31 | 44 | M U/50 | 58 |
| 67 | Matt | Powell | Ealing Eagles Running Club | Male | 19:31 | 36 | M U/50 | 59 |
| 68 | Mark | Kell | Serpentice Rc | Male | 19:32 | 40 | M U/50 | 60 |
| 69 | Badar | Al Raisi | Victoria Park & Tower Hamlets AC | Male | 19:33 | 29 | M U/50 | 61 |
| 70 | Andrew | Han | Fulham Running Club | Male | 19:36 | 41 | M U/50 | 62 |
| 71 | Charlotte | Svenson | Fulham Running Club | Female | 19:37 | 36 | W U/50 | 4 |
| 72 | Chris | Lydon | kent ac | Male | 19:42 | 59 | M V50 | 5 |
| 73 | Chris | Twort | Fulham Running Club | Male | 19:44 | 49 | M U/50 | 63 |
| 74 | Mary | Cormack | London Frontrunners | Female | 19:47 | 35 | W U/50 | 5 |
| 75 | Liz | Killip | the stragglers rc | Female | 19:47 | 60 | W V60 | 1 |
| 76 | Simon | Reid | City of Sheffield | Male | 19:54 | 42 | M U/50 | 64 |
| 77 | Trevor | Ingram | Fulham Running Club | Male | 19:55 | 44 | M U/50 | 65 |
| 78 | Nick | Bester | Best Athletics | Male | 20:08 | 31 | M U/50 | 66 |
| 79 | Alice | Williams | dulwich runners ac | Female | 20:10 | 36 | W U/50 | 6 |
| 80 | Douglas | Wood | Fulham Running Club | Male | 20:19 | 36 | M U/50 | 67 |
| 81 | Ralph | Dadswell | Ealing Eagles Running Club | Male | 20:20 | 56 | M V50 | 6 |
| 82 | Steve | Edwards | hillingdon ac | Male | 20:21 | 51 | M V50 | 7 |
| 83 | Edward | Smyth | Dulwich runners | Male | 20:23 | 40 | M U/50 | 68 |
| 84 | thomas | cheetham | hercules wimbledon a.c. | Male | 20:24 | 54 | M V50 | 8 |
| 85 | Mark | Fuller | | Male | 20:26 | 28 | M U/50 | 69 |
| 86 | Myles | Preston | Mornington Chasers | Male | 20:33 | 35 | M U/50 | 70 |
| 87 | Jennifer | Wing | London Heathside | Female | 20:39 | 29 | W U/50 | 7 |
| 88 | Leo | Pemberton | London Heathside AC | Male | 20:39 | 43 | M U/50 | 71 |
| 89 | Eberhard | Prill | dulwich runners ac | Male | 20:41 | 59 | M V50 | 9 |
| 90 | Felicity | Carr | South London harriers | Female | 20:46 | 25 | W U/50 | 8 |
| 91 | Eleanor | Andrews | Clapham Chasers | Female | 20:49 | 27 | W U/50 | 9 |
| 92 | CHELSEA | MULLANE | South London harriers | Female | 20:52 | 49 | W U/50 | 10 |
| 93 | Kelly | Morgan | Clapham Chasers | Female | 20:56 | 43 | W U/50 | 11 |
| 94 | Yvette | Burton | Ealing Eagles Running Club | Female | 21:00 | 41 | W U/50 | 12 |
| 95 | Serkan | Bektas | Fulham Running Club | Male | 21:00 | 51 | M V50 | 10 |
| 96 | Rhona | Cloherty | South London harriers | Female | 21:00 | 45 | W U/50 | 13 |
| 97 | Katherine | ELMORE-JONES | Fulham Running Club | Female | 21:03 | 44 | W U/50 | 14 |
| 98 | Dan | Wilkin | | Male | 21:08 | 48 | M U/50 | 72 |
| 99 | Mark | Foster | dulwich runners ac | Male | 21:13 | 55 | M V50 | 11 |
| 100 | Heidi | Dann | South London harriers | Female | 21:16 | 45 | W U/50 | 15 |
| 101 | Ruth | Hutton | South London harriers | Female | 21:20 | 56 | W V50 | 1 |
| 102 | Christiana | Campbell | dulwich runners ac | Female | 21:20 | 29 | W U/50 | 16 |
| 103 | Harry | Claxton | Ealing eagles | Male | 21:22 | 48 | M U/50 | 73 |
| 104 | Joel | Hawes | London Heathside | Male | 21:24 | 30 | M U/50 | 74 |
| 105 | Chris | Smith | London Frontrunners | Male | 21:36 | 61 | M V60 | 1 |
| 106 | Dean | Saliba | Victoria Park & Tower Hamlets AC | Male | 21:44 | 42 | M U/50 | 75 |
| 107 | Simon | Shanks | the stragglers | Male | 21:51 | 58 | M V50 | 12 |

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|-----|---------|-------------|----------------------------------|--------|-------|----|--------|----|
| 108 | Ian | Wimsett | Ealing Eagles Running Club | Male | 21:53 | 63 | M V60 | 2 |
| 109 | Stephen | Vincent | South London harriers | Male | 22:03 | 52 | M V50 | 13 |
| 110 | Antonia | Klein | Sheen Shufflers | Female | 22:27 | 45 | W U/50 | 17 |
| 111 | Julie | Barclay | British Airways AC | Female | 22:27 | 58 | W V50 | 2 |
| 112 | patrick | o'brien | South London harriers | Male | 22:29 | 63 | M V60 | 3 |
| 113 | JOHN | GREENE | kent ac | Male | 22:31 | 55 | M V50 | 14 |
| 114 | Mark | Standing | Herne Hill Harriers | Male | 22:40 | 56 | M V50 | 15 |
| 115 | Katie | Gow | Fulham Running Club | Female | 22:41 | 27 | W U/50 | 18 |
| 116 | John | Quaintance | South London harriers | Male | 22:45 | 72 | M V70 | 2 |
| 117 | Natasha | Jones | | Female | 23:15 | 25 | W U/50 | 19 |
| 118 | ileana | konialidis | | Female | 23:18 | 38 | W U/50 | 20 |
| 119 | MICHAEL | Mann | dulwich runners ac | Male | 23:21 | 72 | M V70 | 3 |
| 120 | Claire | MORRIS | Ealing Eagles Running Club | Female | 23:31 | 42 | W U/50 | 21 |
| 121 | michele | coe-o'brien | South London harriers | Female | 23:32 | 60 | W V60 | 2 |
| 122 | Jess | Ridout | Fulham Running Club | Female | 23:47 | 38 | W U/50 | 22 |
| 123 | Elaine | Battson | Victoria Park & Tower Hamlets AC | Female | 24:17 | 55 | W V50 | 3 |
| 124 | Ian | Sesnan | dulwich runners ac | Male | 24:19 | 64 | M V60 | 4 |
| 125 | Rebecca | Davis | dulwich runners ac | Female | 24:27 | 36 | W U/50 | 23 |
| 126 | Chiara | Georgiadis | | Female | 24:59 | 37 | W U/50 | 24 |
| 127 | Sophie | Denman | Fulham Running Club | Female | 25:05 | 33 | W U/50 | 25 |
| 128 | Monique | O'Donoghue | Clapham Chasers | Female | 25:22 | 41 | W U/50 | 26 |
| 129 | Chris | Brough | | Male | 25:35 | 71 | M V70 | 4 |
| 130 | Donna | Richards | South London harriers | Female | 25:52 | 55 | W V50 | 4 |
| 131 | Chiara | Cristoni | | Female | 26:01 | 48 | W U/50 | 27 |
| 132 | Janet | Wimsett | Ealing Eagles Running Club | Female | 26:26 | 62 | W V60 | 3 |
| 133 | annette | Helliwell | collingwood ac | Female | 26:30 | 62 | W V60 | 4 |
| 134 | david | hallson | Road Runners Club (UK) | Male | 27:34 | 68 | M V60 | 5 |
| 135 | gill | hallson | None | Female | 28:20 | 64 | W V60 | 5 |
| 136 | Sarah | Tindley | collingwood ac | Female | 29:16 | 55 | W V50 | 5 |
| 137 | Peter | Torre | Veterans AC London | Male | 34:12 | 79 | M V70 | 5 |
| 138 | Laure | Selle | Fulham RC | Female | 34:33 | 42 | W U/50 | 28 |
| 139 | Rupert | Quested | collingwood ac | Male | 35:21 | 74 | M V70 | 6 |